

Tripledemic in Adult and Elderly: Treatment & Prevention



ศ. นพ.ธีระพงษ์ ตันทวีเชียร MD., FRCP(Edin)
ผู้อำนวยการศูนย์วิจัยโรคเอดส์และโรคติดเชื้อ (AIDSID) สภากาชาดไทย
รักษาการผู้ช่วยผู้อำนวยการ สถานเสาวภา สภากาชาดไทย

Disclosure (2020 – 2026)

Prof. Terapong Tantawichien: has received support for

- Travel for International Conference (Bionet, Siam Pharm)
- Lectureships (GlaxoSmithKline, Pfizer, MSD, Roche, Thai Meiji, Siam Pharm, Sanofi , Biovalys, Biogenetec.....).
- Advisory board for zoster vaccine/pneumococcal vaccine (MSD),rabies vaccine (GSK), dengue vaccines (Sanofi, MSD, Takeda), influenza vaccine(Sanofi)

Prof. Terapong Tantawichien: has received research funds from

- MPH, Thailand (shorten rabies PET) 2019-2020
- NSTDA/Bionet (Asia)-Spearhead project (Tdap: recombinant pertussis toxin)-2019-2024)
- Sanofi (Rabies vaccine:VRV-12) 2020-2021
- Sanofi (Rabies vaccine: VRV-14) 2020-2021
- Baiya (Covid-19 vaccine phase I) 2021-2023
- Sanofi (Yellow fever vaccine) 2021-2025
- Jansen (RSV vaccine) 2021-2023
- Baiya (Covid-19 vaccine phase IIa) 2023-2024
- Chula (Covid-19 mRNA vaccine phase II) 2023-2024
- Jansen (*E.coli* vaccine phase III) 2023-2025
- Bionet-Asia (Pertussis vaccine phase IV) 2025

Tripledemic in Adult and Elderly: Treatment & Prevention

- **Tripledemic Respiratory Tract Infections:
Situation and Burden in Adult and Elderly**
- Management of Influenza, Covid-19 and RSV Infections:
- Prevention of Pneumonia:
Essential Vaccines for Risk Populations

Infection and co-infection patterns of community-acquired pneumonia in patients of different ages in China from 2009 to 2020: a national surveillance study *Lui YN; Lancet Microbe 2023; 4: e330–39*

Table 1
Characteristics and taxonomy of commonly identified respiratory viruses

| Virus | Genome | Family |
|-----------------------------|--------|------------------|
| Influenza | RNA | Orthomyxoviridae |
| Respiratory syncytial virus | RNA | Paramyxoviridae |
| Human rhinovirus | RNA | Picornaviridae |
| Adenovirus | DNA | Adenoviridae |
| Human parainfluenza virus | RNA | Paramyxoviridae |
| Coronavirus | RNA | Coronaviridae |
| Human metapneumovirus | RNA | Paramyxoviridae |
| Human bocavirus | DNA | Parvoviridae |

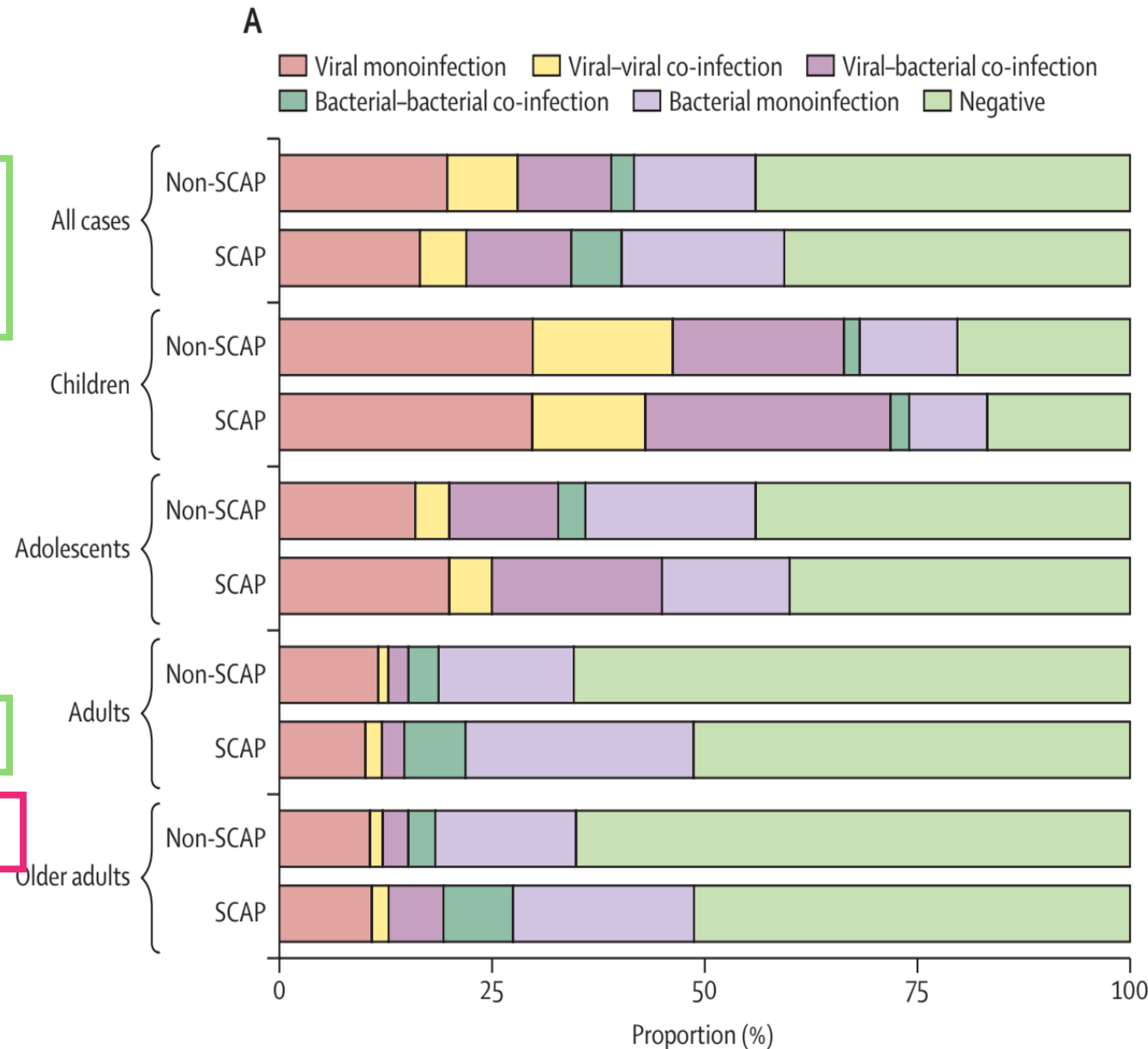


Table 2
Different scenarios for the effect of an identified viral pathogen in the setting of pneumonia

Virus is a “bystander” and does not have a pathogenic effect

Although uncommon in adults, asymptomatic carriage of respiratory viruses occurs¹⁵⁵

Virus has a pathogenic effect and is causing pneumonia in isolation

Potential mechanisms include dysregulation of cytokines and chemokines, infection of epithelial cells in the lungs, and apoptosis¹⁵⁶

Virus has a pathogenic effect and is causing pneumonia along with a bacterial pathogen

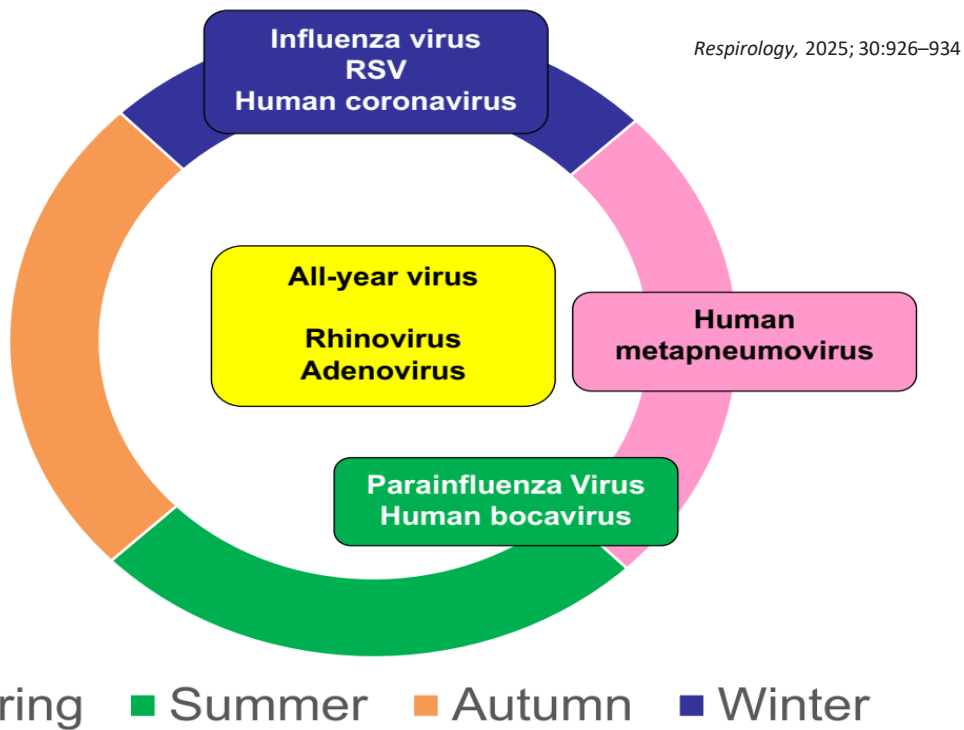
A study showed that the mortality for patients with community-acquired pneumonia and bacterial and viral coinfection is higher²⁰

Virus caused a recent infection that prompted a secondary bacterial infection

This occurs particularly with *S pneumoniae* or *Staphylococcus aureus* infection following influenza infection¹⁵⁷

Lag time of 2–4 wk between the viral and bacterial infection¹⁵⁸

Polymerase chain reaction test may remain positive for up to 5 wk after a viral infection¹⁵⁹



Outcomes of SARS-CoV-2 and Seasonal Viruses Among 2 Million Adults Hospitalized for Severe Acute Respiratory Infection During the COVID-19 Pandemic in Brazil

Diniz LM; J Infect Dis 2024

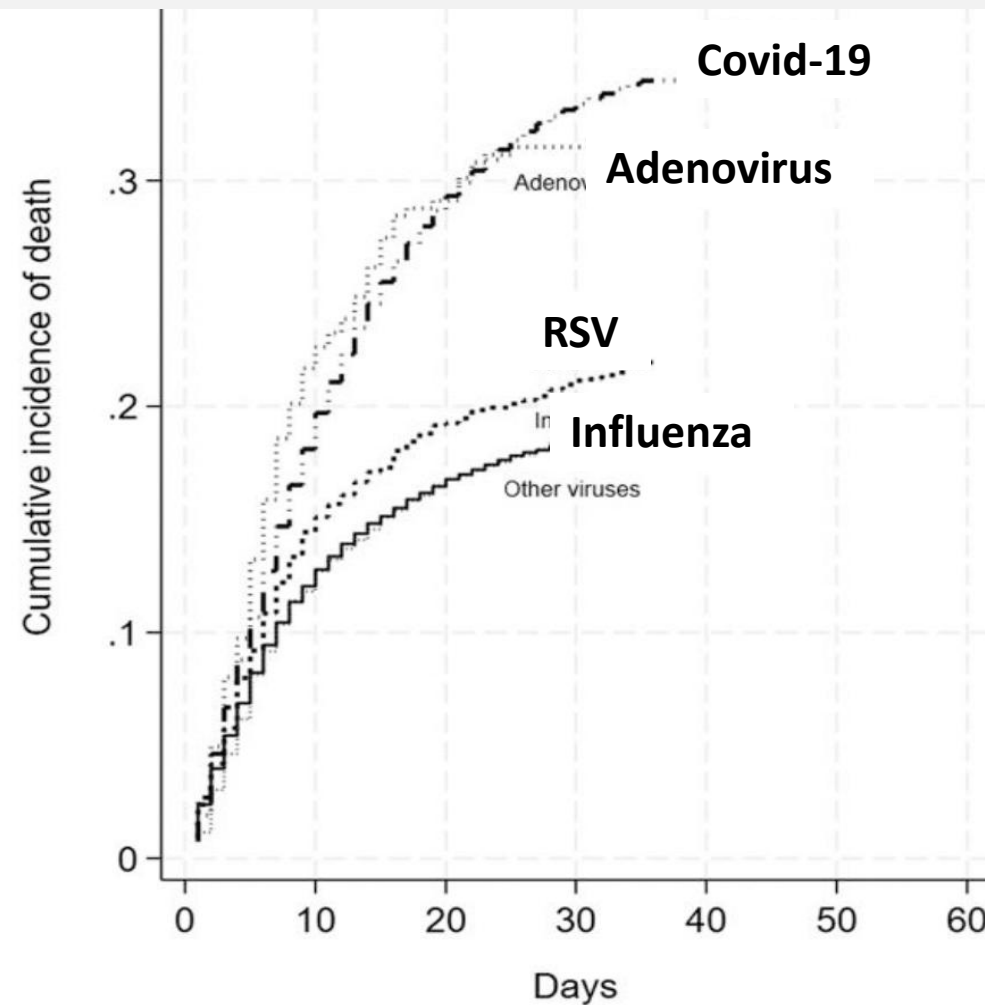
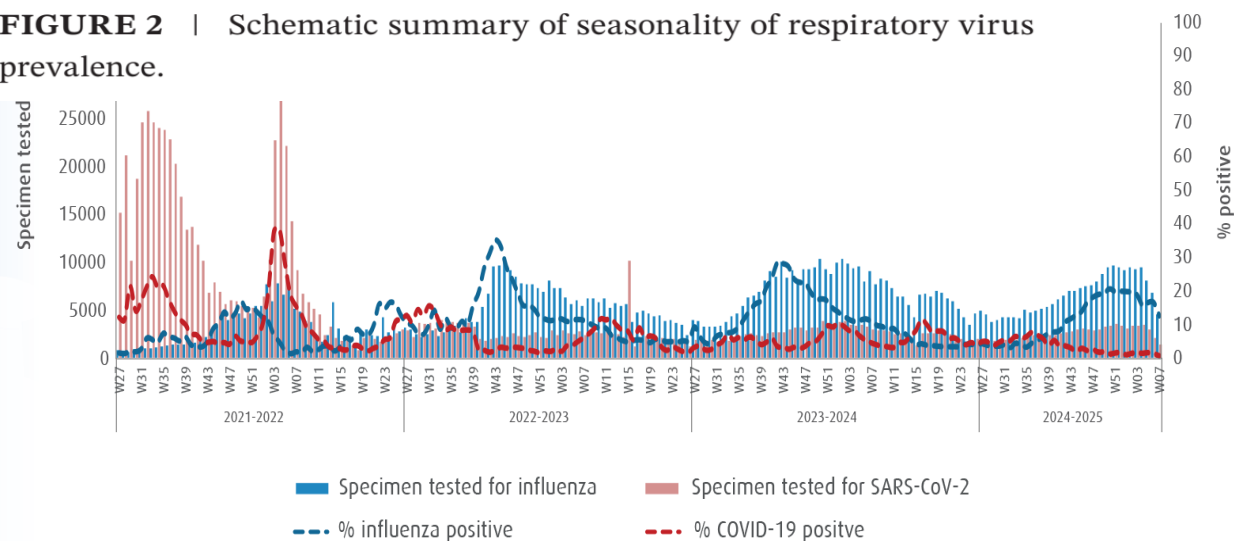


Figure 3. Cumulative incidence of death in adults hospitalized with severe acute respiratory infection according to viral etiology.

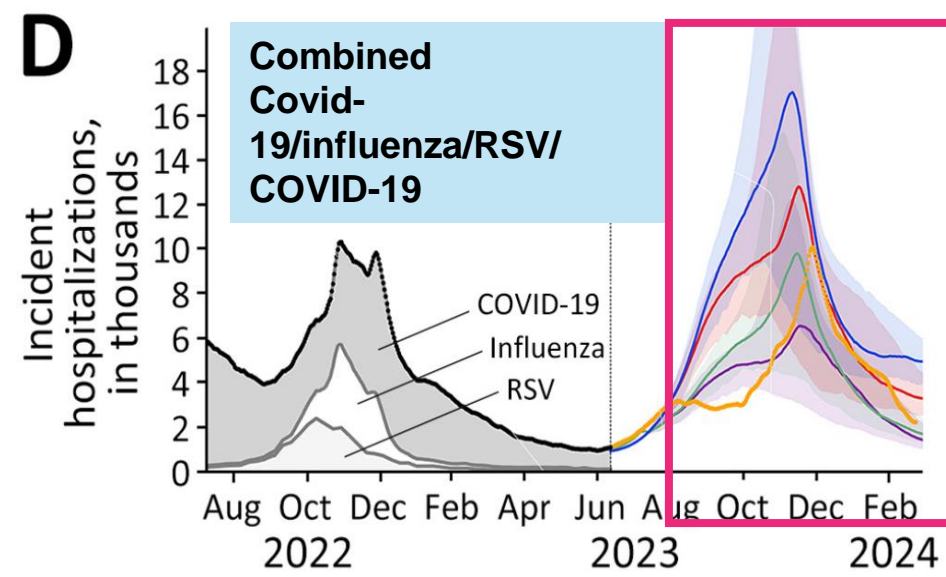
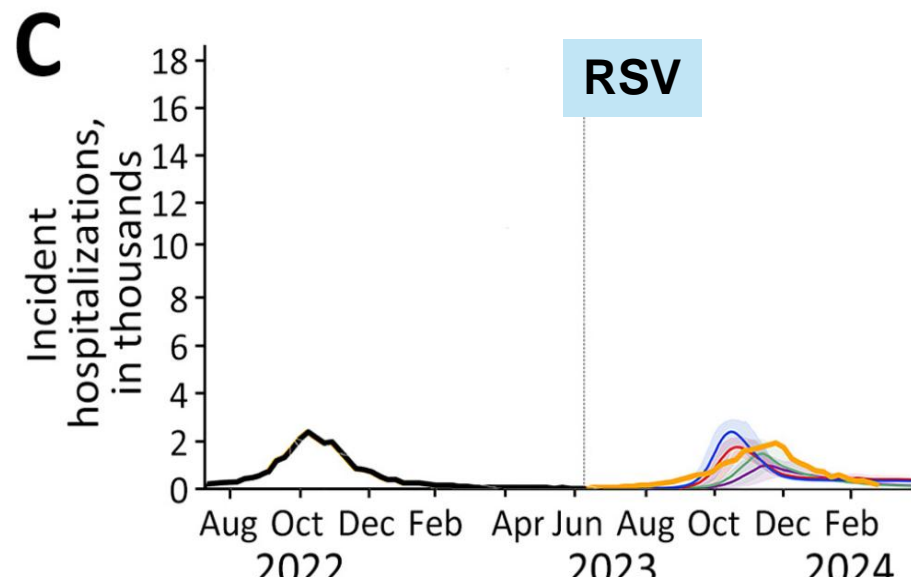
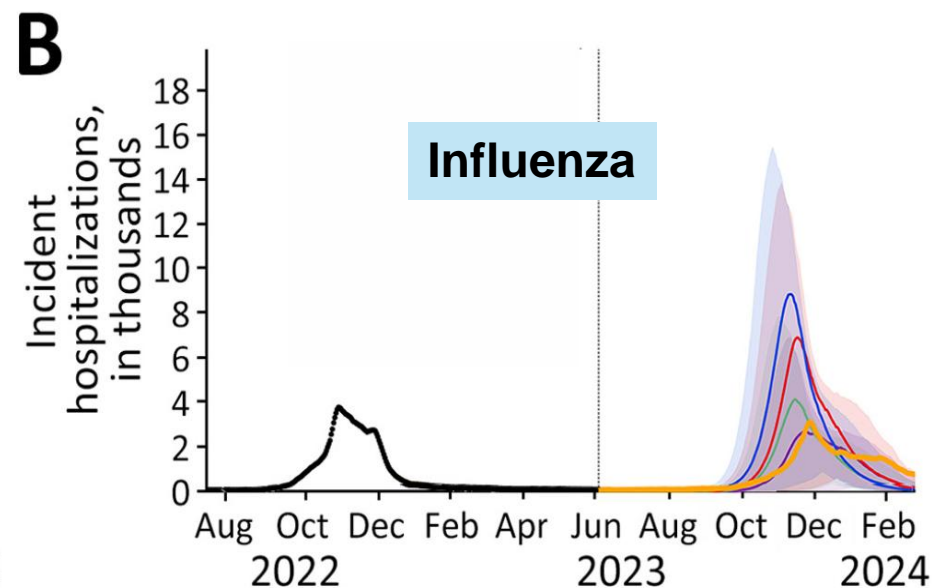
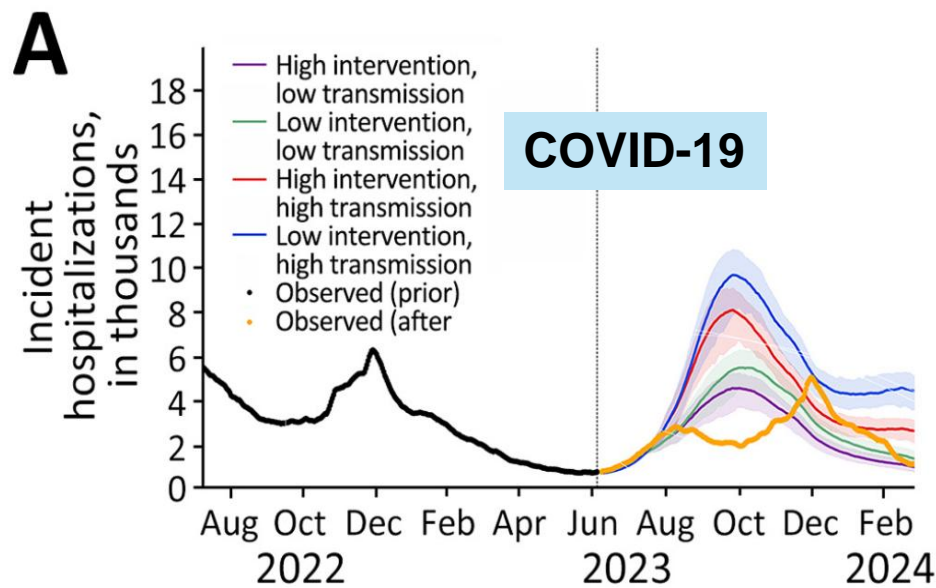
FIGURE 2 | Schematic summary of seasonality of respiratory virus prevalence.



Projected daily hospital admissions attributable to COVID-19 (A), influenza (B), RSV (C), and COVID-19, influenza, or RSV infections combined (D) under multiple scenarios with varying viral transmission rates and varying effect of medical countermeasures, United States, June 8, 2023–March 30, 2024

Emerging Infectious Diseases • www.cdc.gov/eid • Vol. 31, No. 3, March 2025

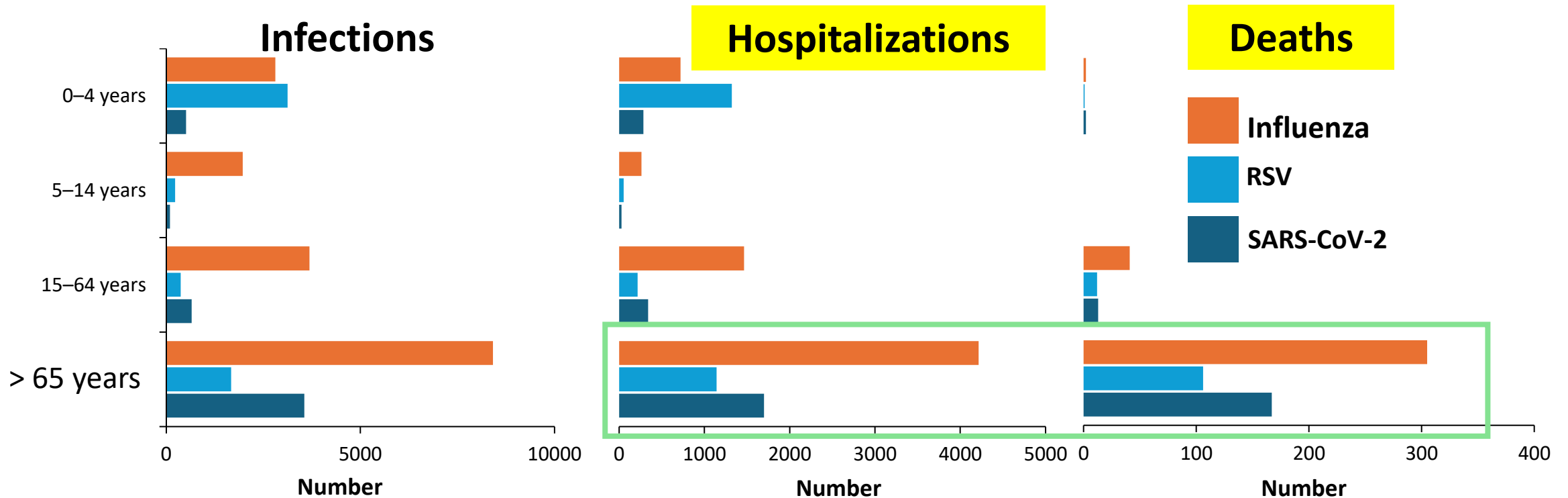
- High intervention, low transmission
- Low intervention, low transmission
- High intervention, high transmission
- Low intervention, high transmission
- Observed (prior)
- Observed (after)





In 2025, respiratory infections represented a high burden in terms of number of infections, hospitalizations, and deaths in Europe¹

Infectious respiratory disease detections and outcomes stratified by age; Europe ERVISS* database, Week 1–52, 2025



RSV and influenza are major causes of infections and hospitalization in children



Influenza, RSV, and COVID-19 continue to pose substantial health burden to older adults

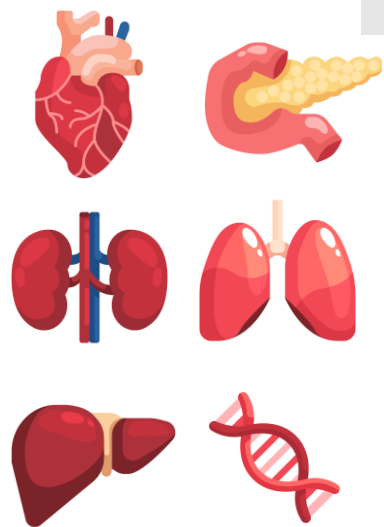
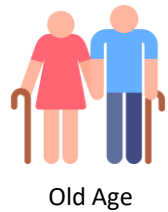
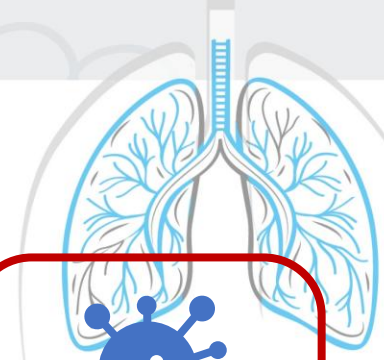
Figures adapted from ERVISS. 2025.


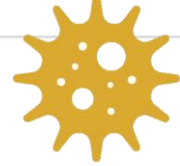


*ERVISS provides a weekly integrated epidemiological summary for influenza, RSV, and SARS-CoV-2 for the EU/EEA and the EU/EEA region based on reports of the number of patients testing positive for influenza, RSV, and/or SARS-CoV-2 who are admitted to the hospital, ICU, or die, regardless of whether they meet the SARI case definition.

ERVISS, European Respiratory Virus Surveillance Summary; ICU, intensive care unit; RSV, respiratory syncytial virus; SARI, severe acute respiration infection.

1. ERVISS. <https://erviss.org/>. Accessed Jan 2026.

Older adults and individuals with medical conditions are at higher risk of respiratory infections.



| |  Invasive pneumococcal disease |  Seasonal Influenza |  COVID-19 |  RSV |
|--------------------------|--|--|--|---|
| Overall CFR ¹ | 10-30% ⁸ | <0.1% ¹ | 2-3% ⁴ | 26.7% ⁹ |
| | Risk for mortality OR (95% CI) | | | |
| Elderly (>65) | 2.83 (2.52-3.18) ⁸ | 3.95 (1.26-12.37) ² | 1.01 (3.95-9.11) ⁵ | 1.88 (1.32-2.67) ¹⁰ |
| CVD | 2.27 (1.84-2.80) ⁸ | 1.43 (1.01-2.02) ² | 5.19 (3.25-8.29) ⁵ | 2.53 (1.84-3.48) ¹¹ |
| Diabetes | 1.20 (1.01-1.31) ⁸ | 2.93 (1.01-8.53) ² | 3.68 (2.68-5.03) ⁵ | N/A |
| Pulmonary disease | 1.12 (0.97-1.48) ^{*8} | 1.45 (0.80-2.13) ^{*2} | 5.15 (2.51-10.57) ⁵ | 1.85 (1.27-2.68) ¹² |
| Cirrhosis | 2.25 (1.92-2.13) ⁸ | 2.40 (1.41-4.08) ² | 2.41 (1.34-4.32) ⁶ | N/A |
| Renal conditions | 1.99 (1.57-2.50) ⁸ | 1.74 (1.45-2.09) ³ | 2.88 (1.52-5.44) ⁷ | 11.6 (1.36-99.74) ¹³ |
| Cancer | 2.13 (1.30-3.49) ⁸ | 1.81 (1.35-2.23) ³ | 1.10 (0.81-3.18) ^{*5} | N/A |

CFR = Case Fatality Rate, *Not significant

1. Center of Disease Control and Prevention. About Estimated Flu Burden. https://www.cdc.gov/flu-burden/php/about/index.html?CDC_AAref_Val=https://www.cdc.gov/flu/about/burden/index.html%25202. 2. Martínez A.; Surveillance of Hospitalized Cases of Severe Influenza in Catalonia Working Group. Risk factors associated with severe outcomes in adult hospitalized patients according to influenza type and subtype. PLoS One. 2019 Jan 11;14(1):e0210353. doi: 10.1371/journal.pone.0210353. 3. Coleman BL. Risk factors for serious outcomes associated with influenza illness in high- versus low- and middle-income countries: Systematic literature review and meta-analysis. Influenza Other Respir Viruses. 2018;12(1):22-29. doi:10.1111/irv.12504.4. Cao Y. COVID-19 case-fatality rate and demographic and socioeconomic influencers: worldwide spatial regression analysis based on country-level data. BMJ Open. 2020;10:e043510. doi: 10.1136/bmjopen-2020-043510. 5. Zheng Z. Risk factors of critical & mortal COVID-19 cases: A systematic literature review and meta-analysis. J Infect. 2020 Aug;81(2):e11-e25. doi: 10.1011/j.jinf.2020.04.021. 6. Kim D. Predictors of Outcomes of COVID-19 in Patients with Chronic Liver Disease: US Multi-center Study. Clin Gastroenterol Hepatol. 2020 Sep 17:S1542-3515(20)31288-X. doi: 10.1011/j.jgh.2020.09.027. 7. Savas Öztürk. Mortality analysis of COVID-19 infection in chronic kidney disease, haemodialysis and renal transplant patients compared with patients without kidney disease: a nationwide analysis from Turkey. Nephrology Dialysis Transplantation, Volume 35, Issue 7, December 2020, Pages 2083-2095. <https://doi.org/10.1093/ndt/gfaa271>. 8. Demirdal T, Sen P, Emir B. Predictors of mortality in invasive pneumococcal disease: a meta-analysis. Expert Rev Anti Infect Ther. 2020 Dec 31:1-18. doi: 10.1080/14787210.2021.1858799. 9. Khaing, et al. Influenza and other respiratory viruses, 18(11), e70039. <https://doi.org/10.1111/irv.70039>. 10. Surie, et al. MMWR. Morbidity and mortality weekly report, 72(40), 1083-1088. <https://doi.org/10.15585/mmwr.mm7240a2>. 11. Wee, et al. JAMA network open, 8(5), e2511764. <https://doi.org/10.1001/jamanetworkopen.2025.11764>. 12. Branche, et al. Open Forum Infectious Diseases, Volume 12, Issue 7, July 2025, ofaf394. <https://doi.org/10.1093/ofid/ofaf394>. 13. Joseph, et al. Viruses 2025, 17(8), 1030; <https://doi.org/10.3390/v17081030>

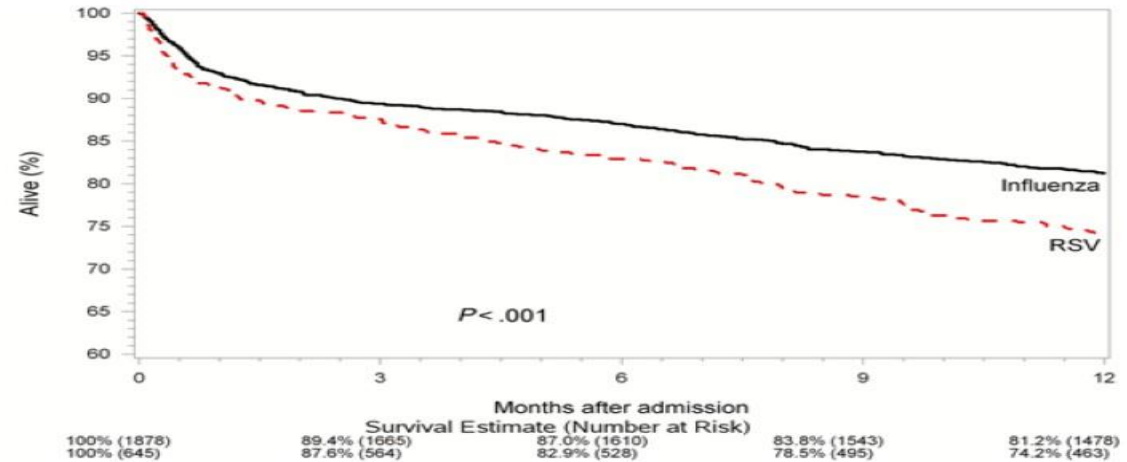
RSV Infection vs Influenza: Morbidity and Mortality in Older Hospitalized Adults

Hospitalized Adults Aged ≥ 60 Years Who Tested Positive for RSV or Influenza,
January 2011 – June 2015, Kaiser Permanente (Southern California)

Compared with influenza, RSV was associated with greater odds of:

- Prolonged hospital stay ($P < .001$)
- Pneumonia ($P < .001$)
- ICU admission ($P = .023$)
- COPD exacerbation ($P = .001$)
- 1-year mortality ($P = .019$)

Survival 1 year after admission



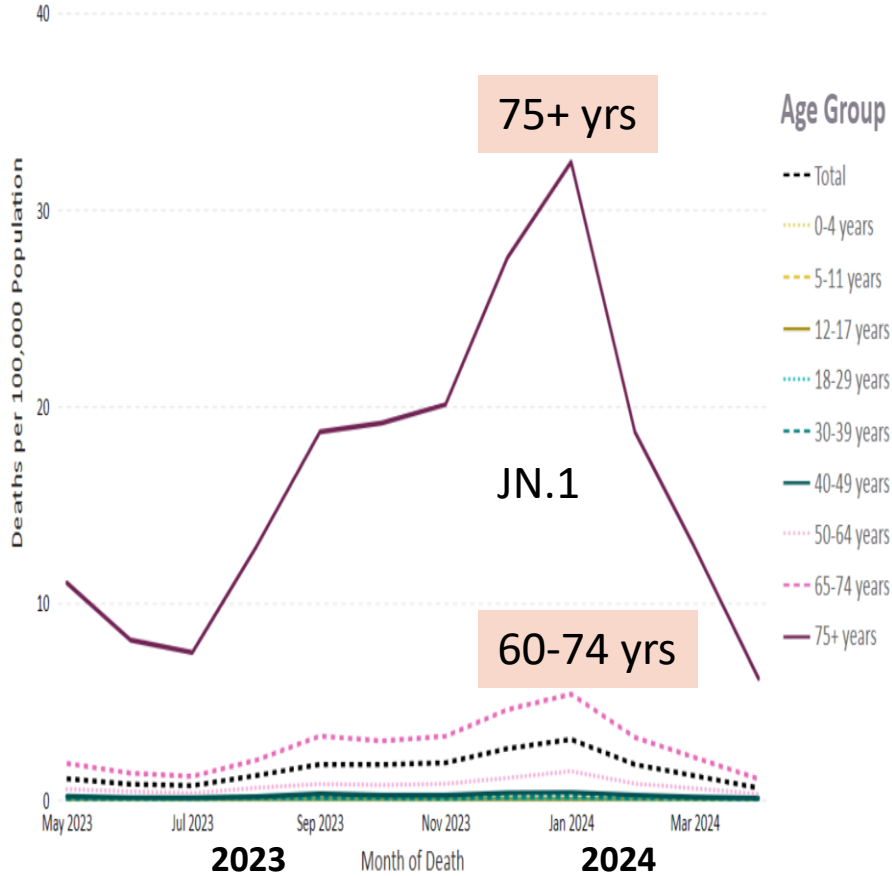
Ackerson B, et al. Clin Infect Dis. 2019;69:197-203.

| | RSV (n = 645) | Influenza (n = 1878) | P value |
|--------------------------------|------------------|-------------------------|---------|
| Mean age, y | 78.5 | 77.4 | .035 |
| Proportion with comorbidity, % | | | |
| CCF | 35.2 | 24.5 | < .001 |
| COPD | 29.8 | 24.3 | .006 |

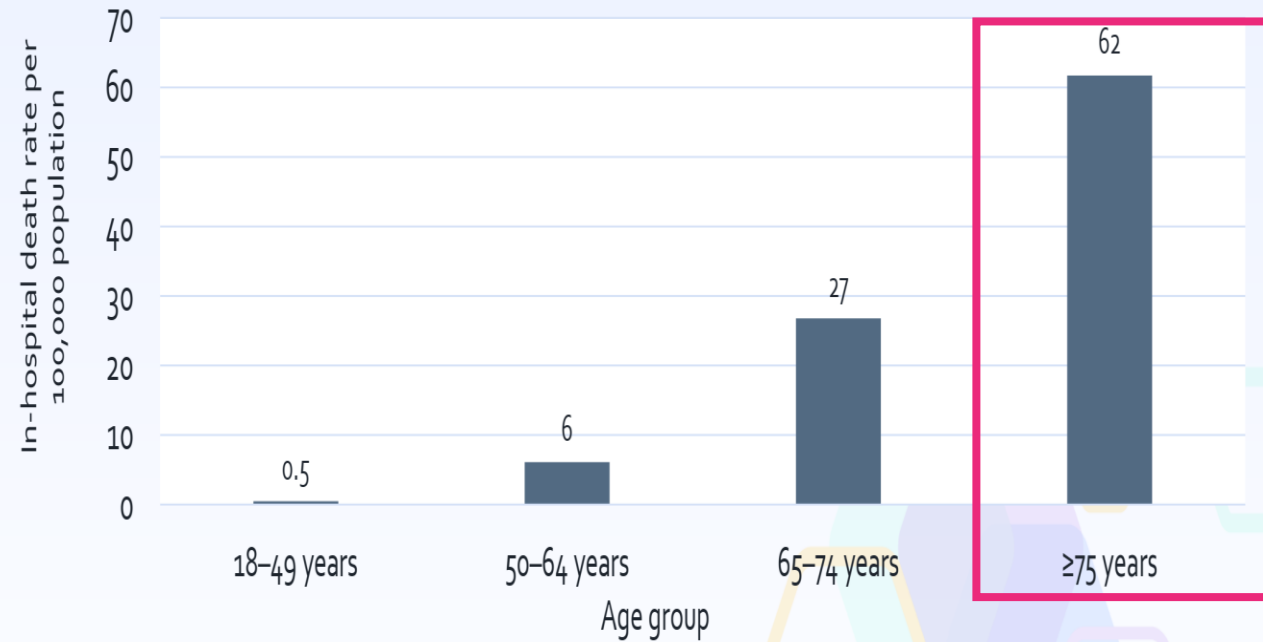
Compared with patients with influenza, patients with RSV were older and more likely to have a concurrent cardiopulmonary disease

Ackerson B, et al. Clin Infect Dis. 2019;69:197-203.

Monthly rates of COVID-19-associated deaths by age group, United States, May 1, 2023 – April 30, 2024



Cumulative In-Hospital Death Rate during COVID-19-Associated Hospitalization per 100,000 Population by Age Group — COVID-NET, October 2023–March 2024



| Weighted percent of in-hospital deaths by age group | 18-49 years | 50-64 years | 65-74 years | ≥75 years |
|---|-------------|-------------|-------------|-----------|
| | 3% | 15% | 32% | 50% |

Provisional data are non-final counts of deaths based on reported mortality data in NVSS. Deaths include those with COVID-19, coded as ICD-10 code U07.1, on the death certificate. Death data are displayed by date of death (event).

Source: Provisional data from the CDC's National Center for Health Statistics (NCHS) National Vital Statistic System (NVSS); CDC COVID Data Tracker. <https://covid.cdc.gov/covid-data->

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- **Management of Influenza, Covid-19 and RSV Infections:**
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 Essential Vaccines for Risk Populations

Distribution of Influenza and RSV Cases in Thailand by Week (2021-2024)

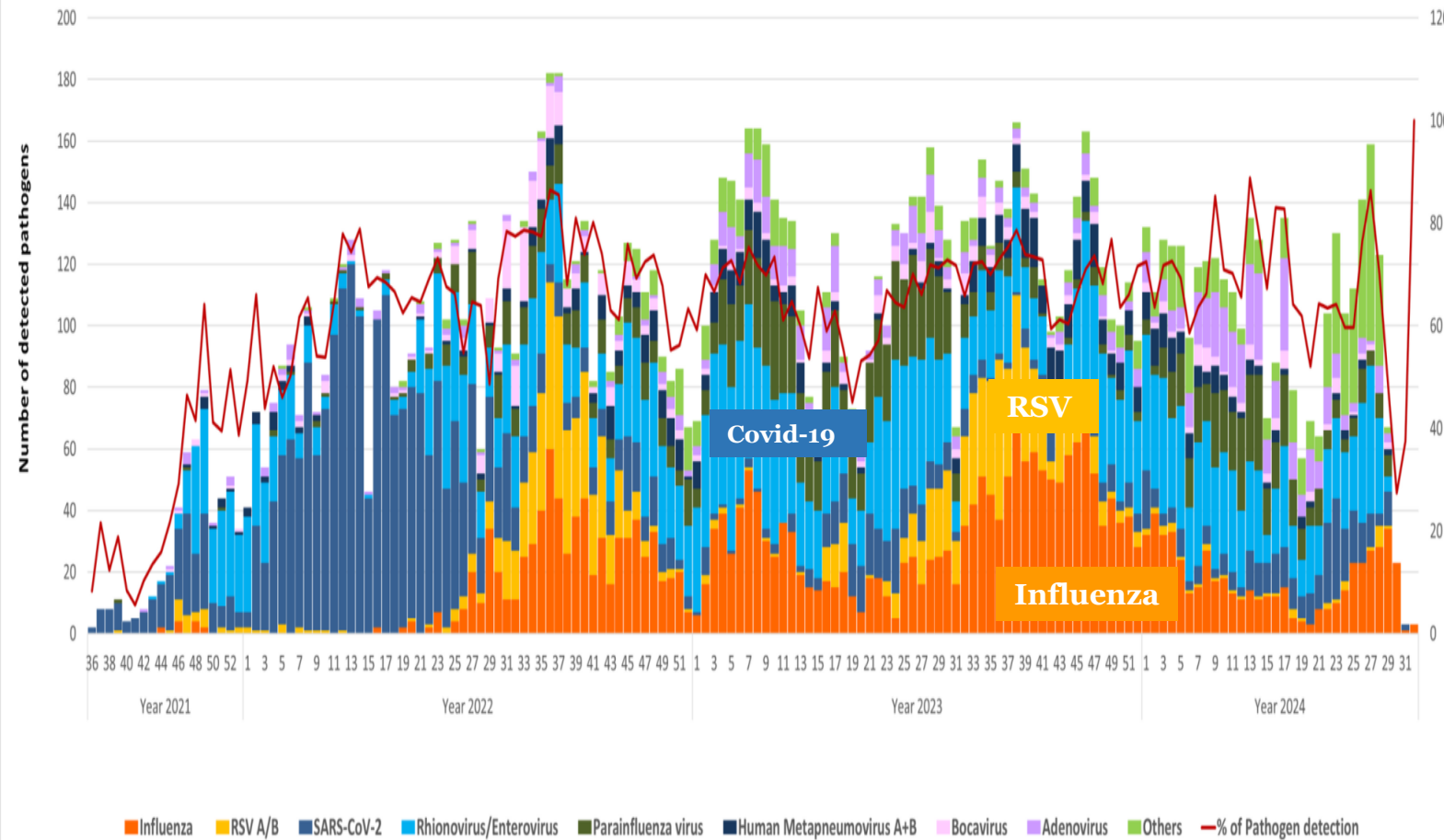
- Between 1 Sep 2021 – 10th August 2024, total 20,702 Samples

ข้อมูลระหว่างวันที่ 1 กันยายน 2564 - 10 สิงหาคม 2567 ผลตรวจพบเชื้อทั้งหมด 13,358 ตัวอย่าง (64.53%) จากตัวอย่างทั้งหมด 20,702 ตัวอย่าง แสดงดังภาพ

Viral Etiology Associated With Acute Respiratory Tract Infection Patients in Bangkok, Thailand

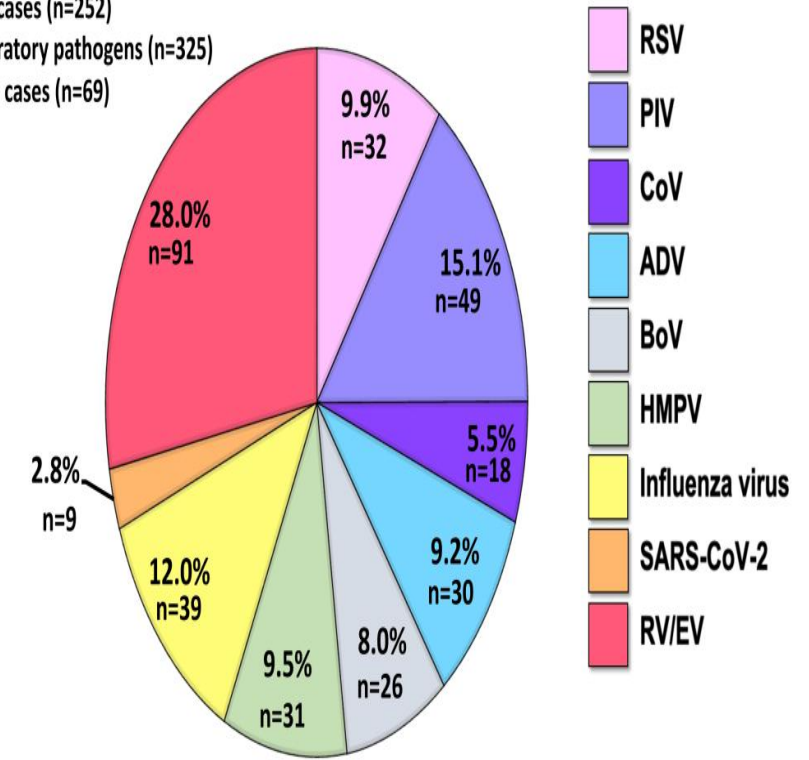
Phattharaporn Inma; *Cureus* 2024; 16(8): e66897.

The median age = 5 yrs (2 mo - 93 years).
47.4% were aged between 2 mo-- 5 years.



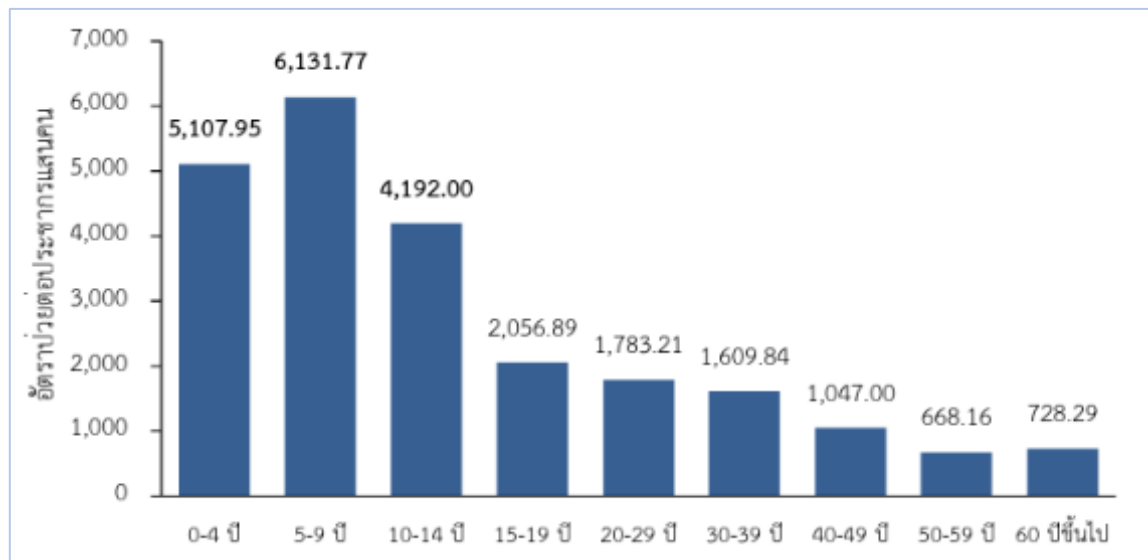
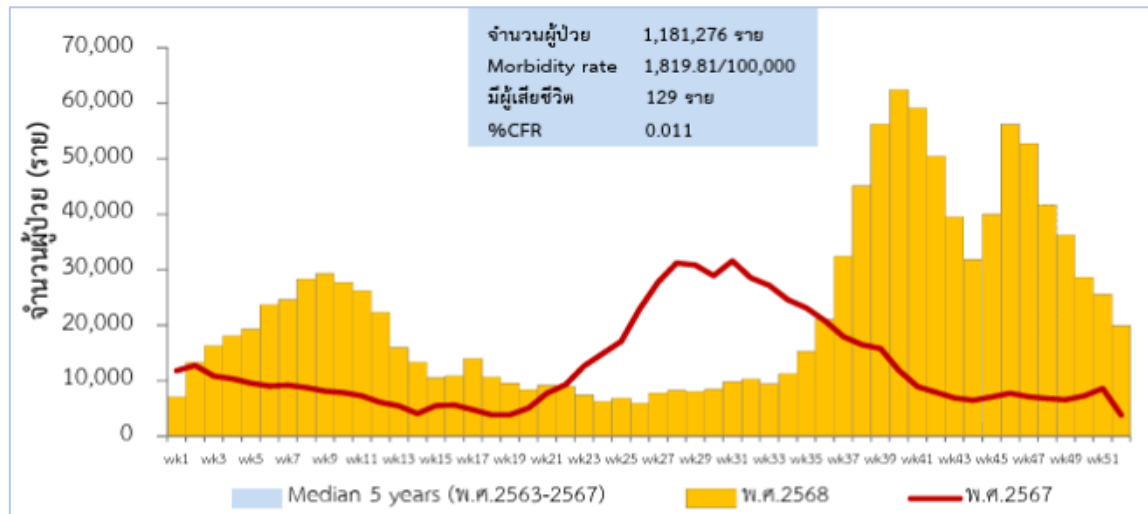
Patients (n=321)

- Positive cases (n=252)
 - ↳ Respiratory pathogens (n=325)
- Negative cases (n=69)



Respiratory pathogens (n=325)

Influenza Surveillance Data and Disease Burden in 2025



Total number of Influenza cases recorded in 2025

1.2 MILLION

129 Deaths

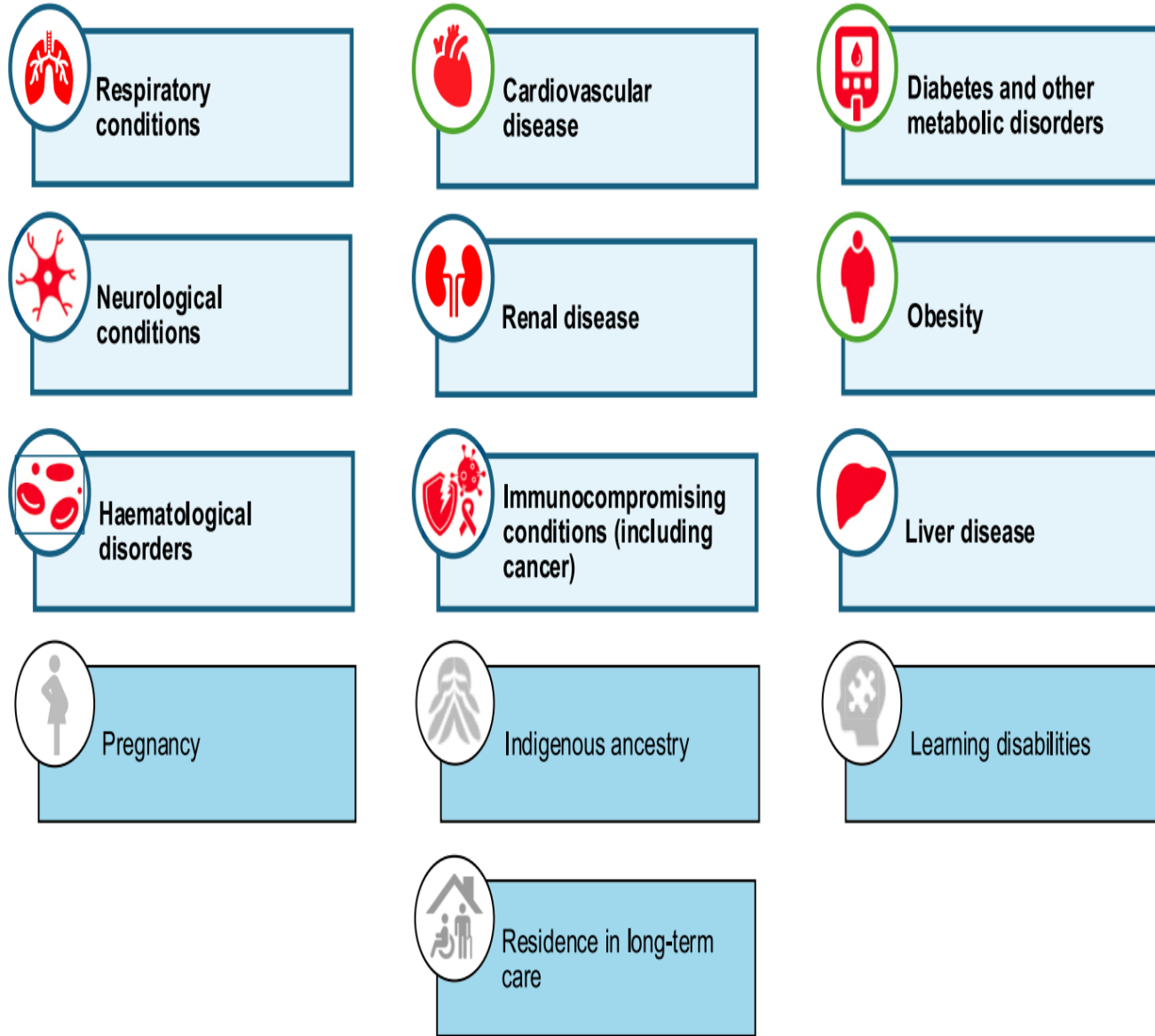
Over a 2-fold Increase in deaths compared to last year

Table 1. Estimated Number of Influenza-Related Deaths per 100,000 Population, by Age Group, Thailand, 2005–2009^a

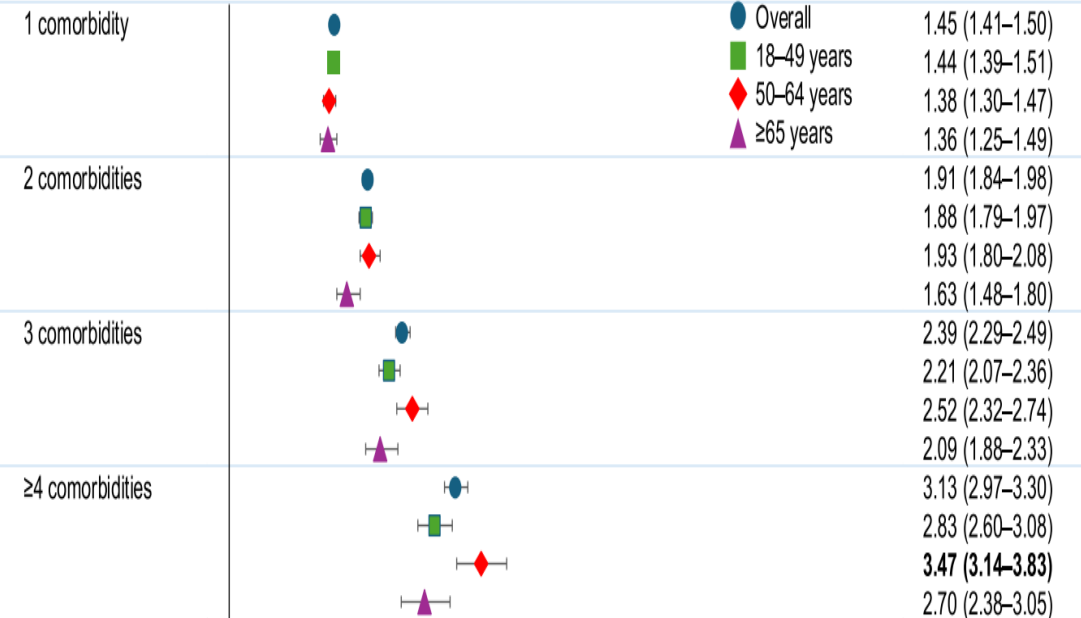
| Age Group, years | Influenza A(H1N1) | | Influenza A(H3N2) | | Influenza B | | Total Influenza A | | Total Influenza A and B | |
|------------------|-------------------|------------|-------------------|------------|-------------|------------|-------------------|------------|-------------------------|-------------|
| | Mean | 95% CrI | Mean | 95% CrI | Mean | 95% CrI | Mean | 95% CrI | Mean | 95% CrI |
| All ages | 2.6 | 0.8, 5.1 | 1.6 | -1.7, 5.4 | 1.9 | -3.5, 6.9 | 4.2 | -0.2, 9.2 | 6.1 | 0.5, 12.4 |
| ≤17 | 0.0 | -0.8, 0.8 | 0.6 | -0.4, 1.6 | -0.4 | -2.0, 1.3 | 0.6 | -0.8, 2.1 | 0.1 | -0.4, 0.6 |
| 18–59 | 1.4 | 0.3, 2.7 | 1.4 | -0.4, 3.1 | -1.7 | -4.0, 0.6 | 3.0 | 0.5, 5.6 | 1.1 | -1.7, 4.0 |
| ≥60 | 28.1 | 11.1, 45.9 | 13.0 | -7.5, 34.5 | 26.9 | -7.7, 62.2 | 41.0 | 13.7, 69.2 | 68.0 | 27.2, 108.1 |

Medical comorbidities (red icons) and other conditions (gray icons) associated with a high risk of influenza complications in adults

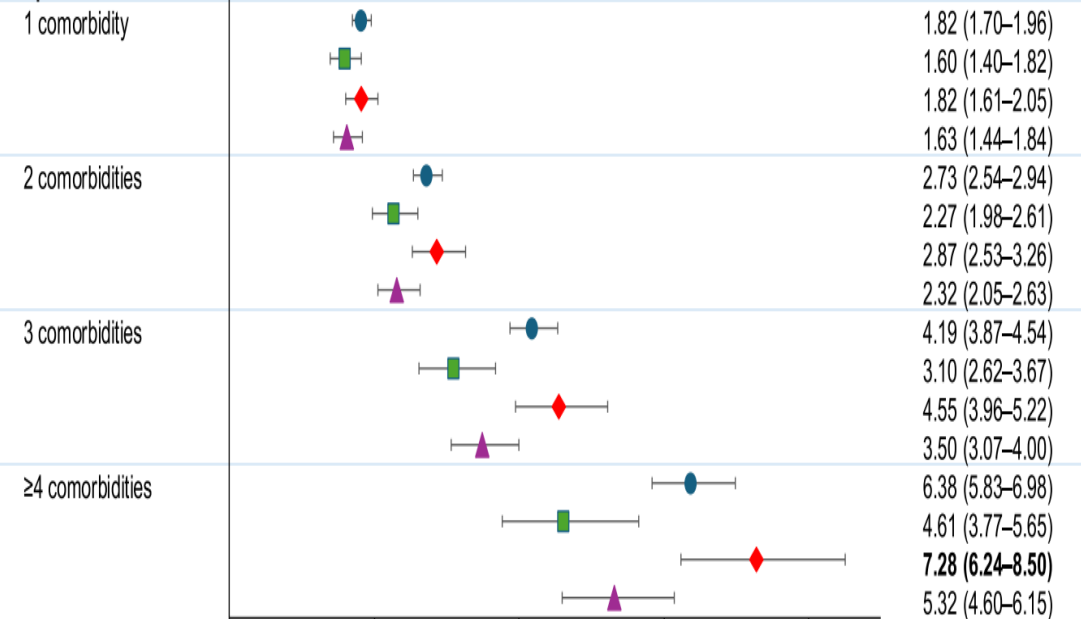
Vaccine 2025



ED Visits

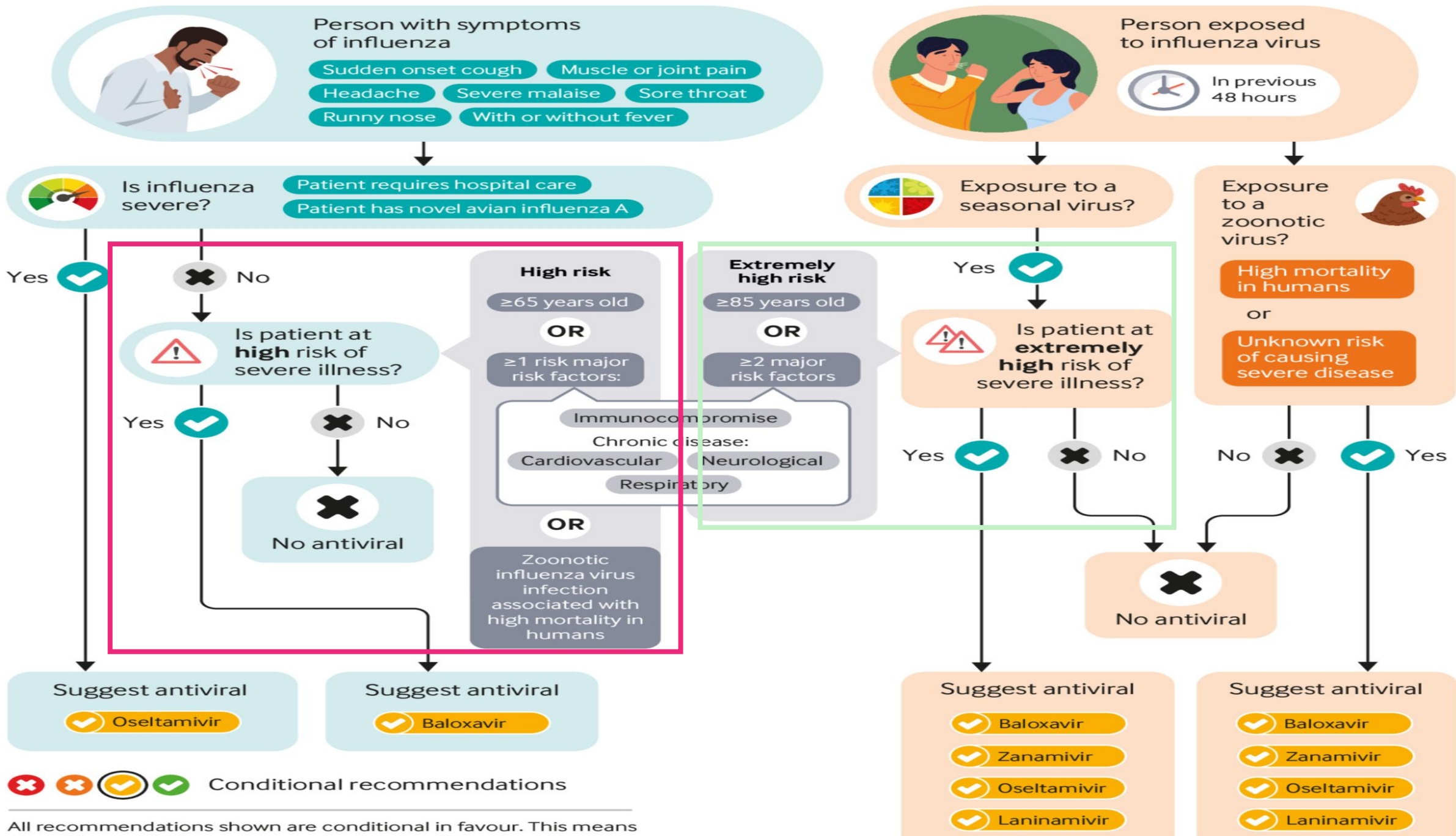


Hospitalizations



Odds ratio (95% CI)

0 2 4 6 8

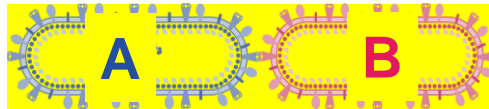


All recommendations shown are conditional in favour. This means that different choices will be appropriate for different patients, which increases the importance of shared decision-making

RSV is an enveloped, nonsegmented, negative-sense RNA virus that can cause lower RTIs¹⁻³

• RSV is categorized into two co-circulating subgroups, dictated by sequence of the G glycoprotein²:

- RSV A
- RSV B

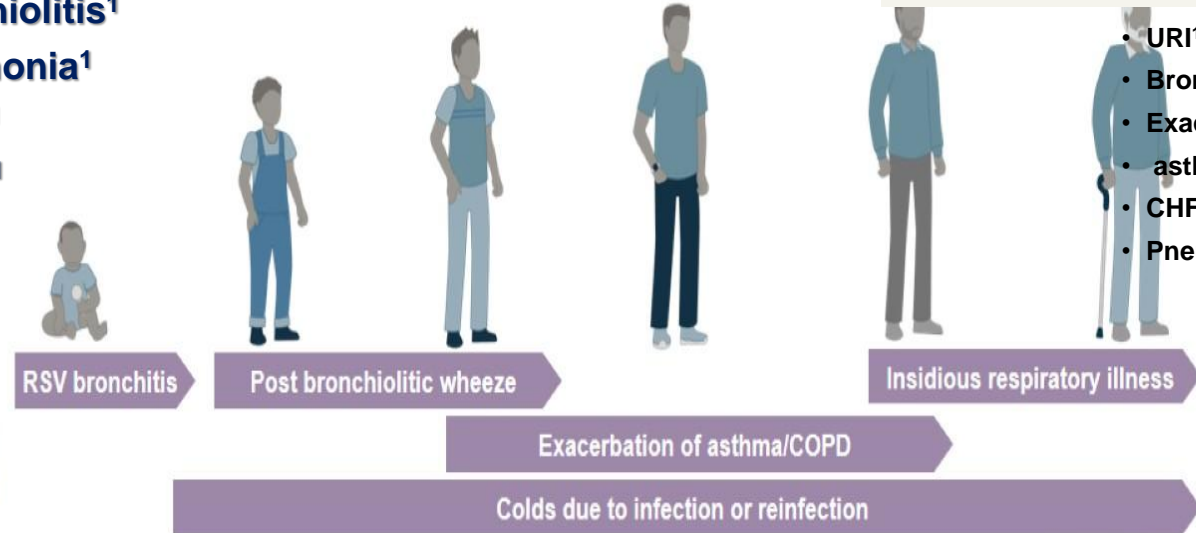


G: attachment glycoprotein

- Targets ciliated cells of the airways²
- Variable between RSV-A and RSV-B^{5,6}

Respiratory Syncytial Virus (RSV)

- Bronchiolitis¹
- Pneumonia¹
- Croup¹
- Apnea¹
- URI¹



Average $R_0 \sim 3^1$

Older adults are at high risk of severe RSV infection

- URI¹
- Bronchitis¹
- Exacerbation
- asthma¹, COPD³,
- CHF³
- Pneumonia¹

Children infected by age 2 years.¹

- An exceptional mucosal pathogen of the respiratory epithelium
- Infects virtually all children before 3 years of age
- Infection confers partial immunity → reinfection throughout life
- Underrecognized in older adults, particularly frail, older adults and immunocompromised persons

EXPERT REVIEW OF CLINICAL IMMUNOLOGY
<https://doi.org/10.1080/1744666X.2025.2494658>

COPD, chronic obstructive pulmonary disease.
Openshaw PJ, et al. *Annu Rev Immunol.* 2017;35:501-532.

1. Centers for Disease Control and Prevention (CDC), 2023. Symptoms and Care.

1. Jain H et al. Respiratory syncytial virus infection. In: StatPearls. NCBI Bookshelf version. StatPearls Publishing; 2022.

<https://www.ncbi.nlm.nih.gov/books/NBK459215/>. Accessed August 2024; 2. Bergeron HC, Tripp RA. *Viruses* 2021;13:2478; 3. Jung HE et al. *Viruses* 2020;12:102; 4. Nuttens C et al. *Infect Dis Ther* 2024; 13:1725-1742

1. Centers for Disease Control and Prevention (CDC), 2023. Symptoms and Care. https://www.cdc.gov/rsv/symptoms/?CDC_AAref_Val=https://www.cdc.gov/rsv/about/symptoms.html(accessed June 2024); 2. Openshaw PJM et al. *Annu Rev Immunol* 2017;35:501–532; 3. Walsh E et al. *Clin Chest Med* 2017;38(1):29–36; 4. Branche AR et al. *Clin Infect Dis* 2022;74(6):1004–1011; 5. Centers for Disease Control and Prevention (CDC), 2023. RSV in Older Adults and Adults with Chronic Medical Conditions. https://www.cdc.gov/rsv/older-adults/?CDC_AAref_Val=https://www.cdc.gov/rsv/high-risk/older-adults.html(accessed June 2024)

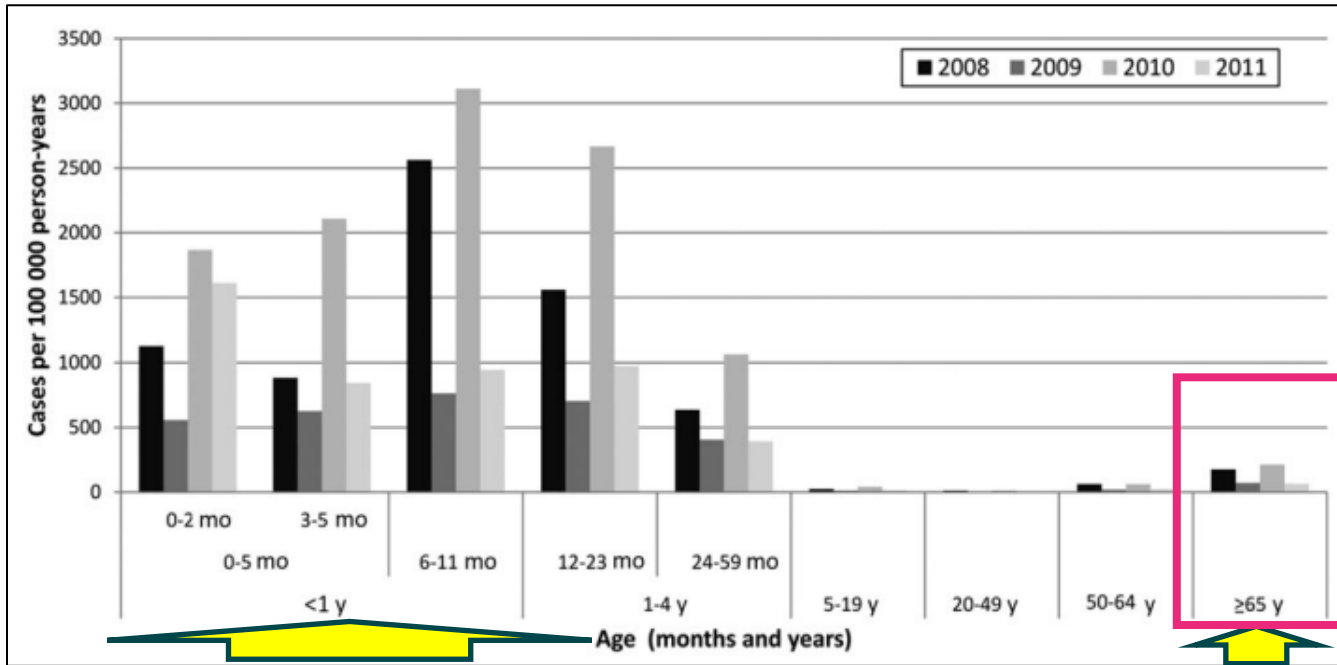
RSV Acute Respiratory Infection Hospitalization in Thailand, 2008-2011

Active population-based surveillance in 2 rural Thailand provinces **2008-11**

13,982 enrolled patients hospitalized with ALRI,

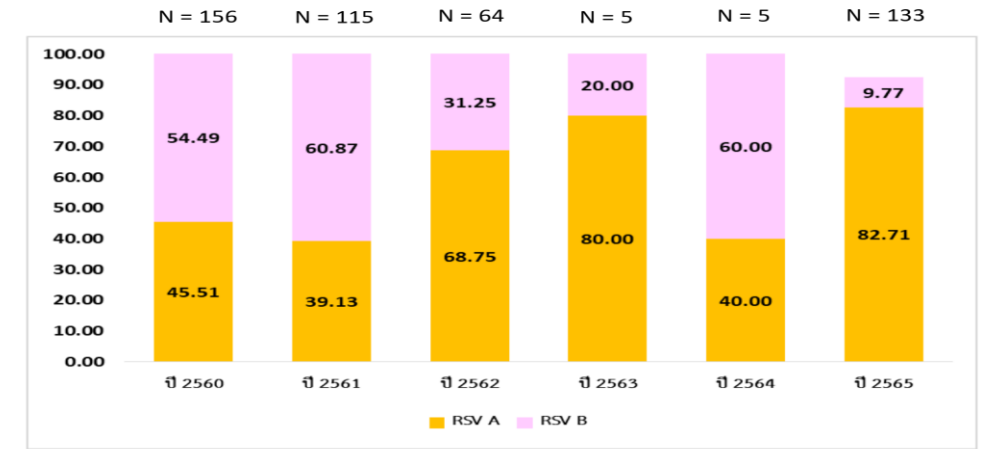
8.1% were RSV RT-PCR positive

Incidence rates of RSV-associated ALRI hospitalizations, 2008-2011

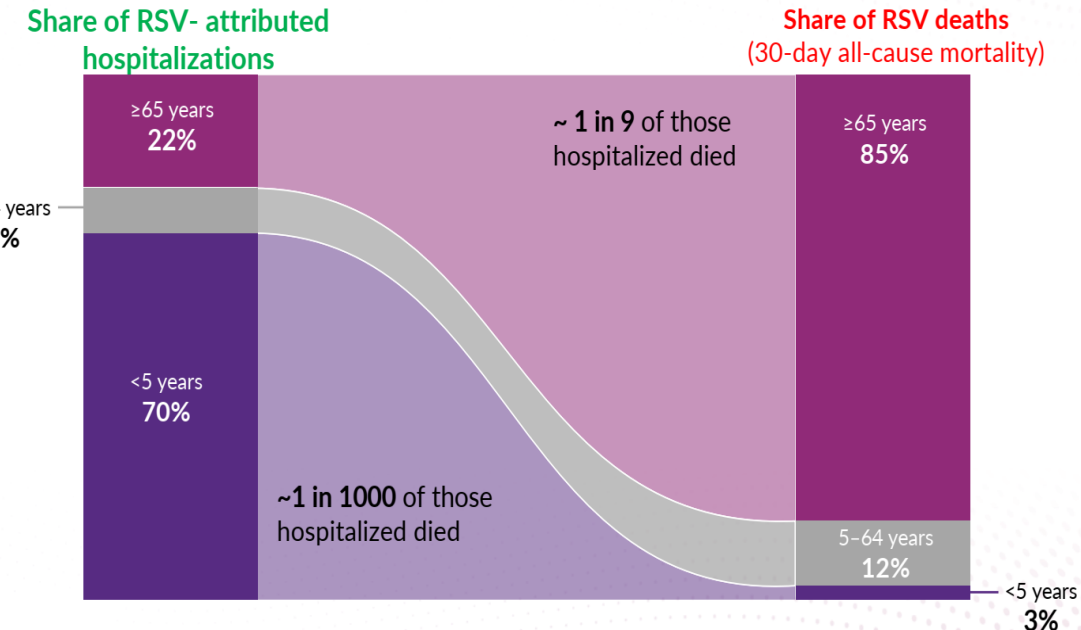


The highest rates occurred among **children aged 6-11 months**, at 1,903 cases per 100,000 persons/year
 But in 2009, 2010 and 2011 the highest rate occurred among those aged 0-5 month

รูปที่ 4 ร้อยละของผู้ติดเชื้อไวรัส RSV จำแนกตามสายพันธุ์ A และ B เปรียบเทียบ ปี 2560-2565



Data from Ontario show that older adults make up a disproportionate number of RSV-attributed deaths



Respiratory Syncytial Virus Hospitalizations Among Adults in Thailand: A Nationwide Retrospective Observational Study (RSV-HAT)

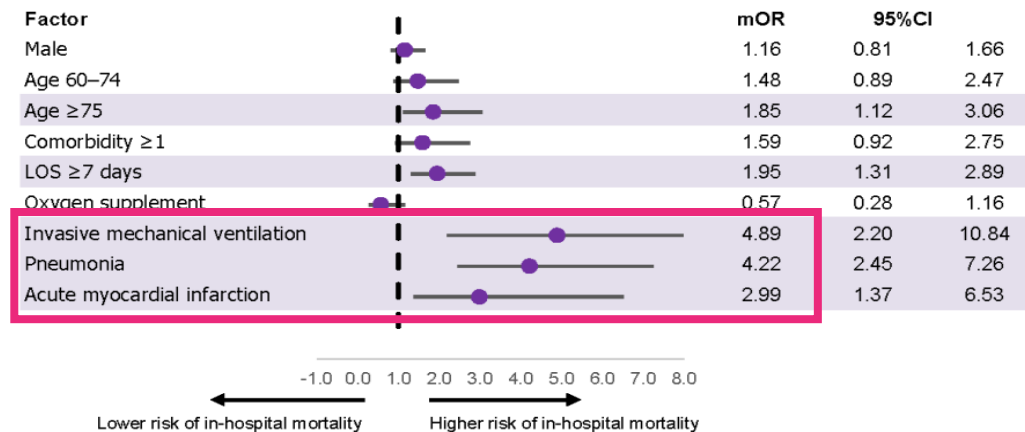
Kanrutai Jarottammarat¹, Kanokkarn Pinyopornpanish², Chadakan Yan³, Bussakorn Mahakkanukrauh³, Otavio Cintra⁴, Adriana Guzman-Holst⁵, Phichayut Phinyo⁶⁻⁷, Wipa Reechaipichitkul⁸⁻⁹



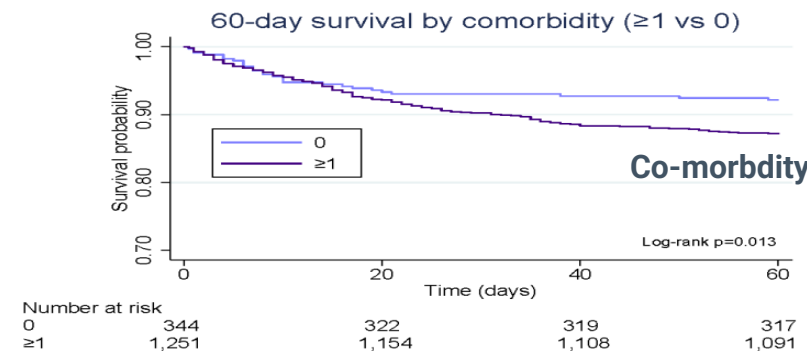
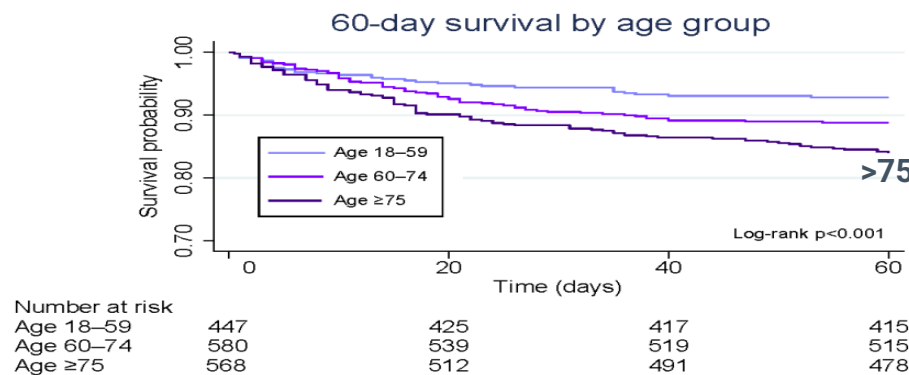
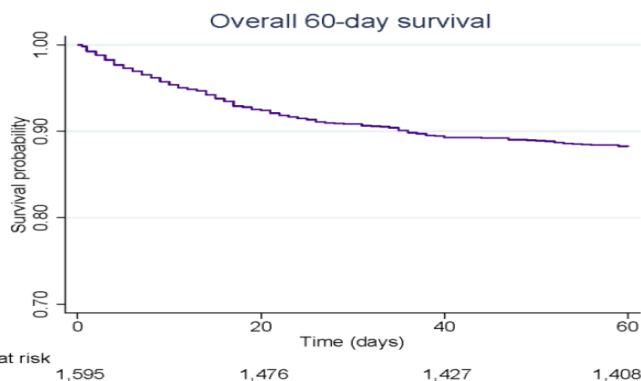
- RSV causes significant global and national burden with considerable morbidity and mortality, including in Thailand.
- Strengthened surveillance and country-specific burden data are essential for policymakers to prioritize and implement targeted RSV prevention for high-risk adult groups.



- The **case fatality rate was 9.5%**, highest with age ≥ 75 years (12.50%)
- Mortality was independently associated with **age ≥ 75 years** (multivariable odds ratio 1.83), **LOS ≥ 7 days** (1.95), **Invasive mechanical ventilation** (2.94), **pneumonia** (4.10), and **acute myocardial infarction** (3.05).



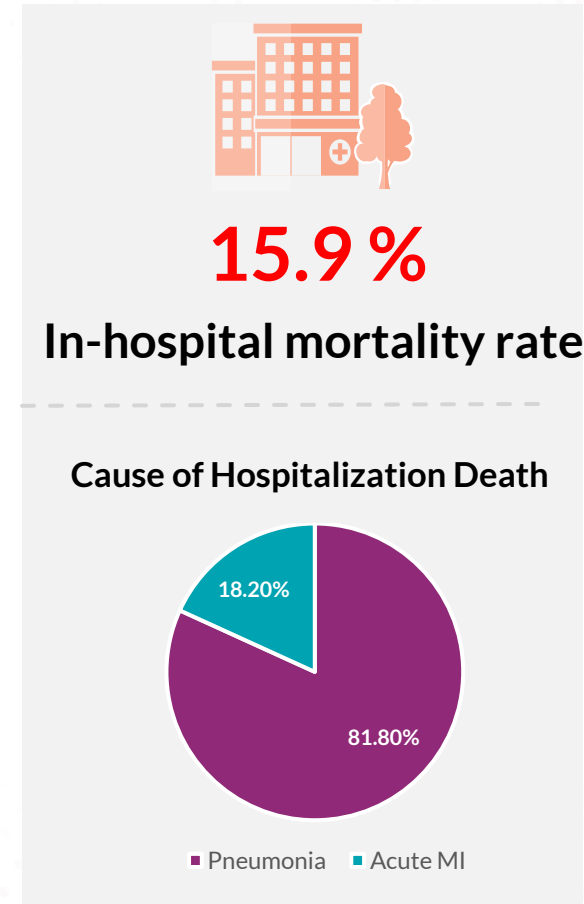
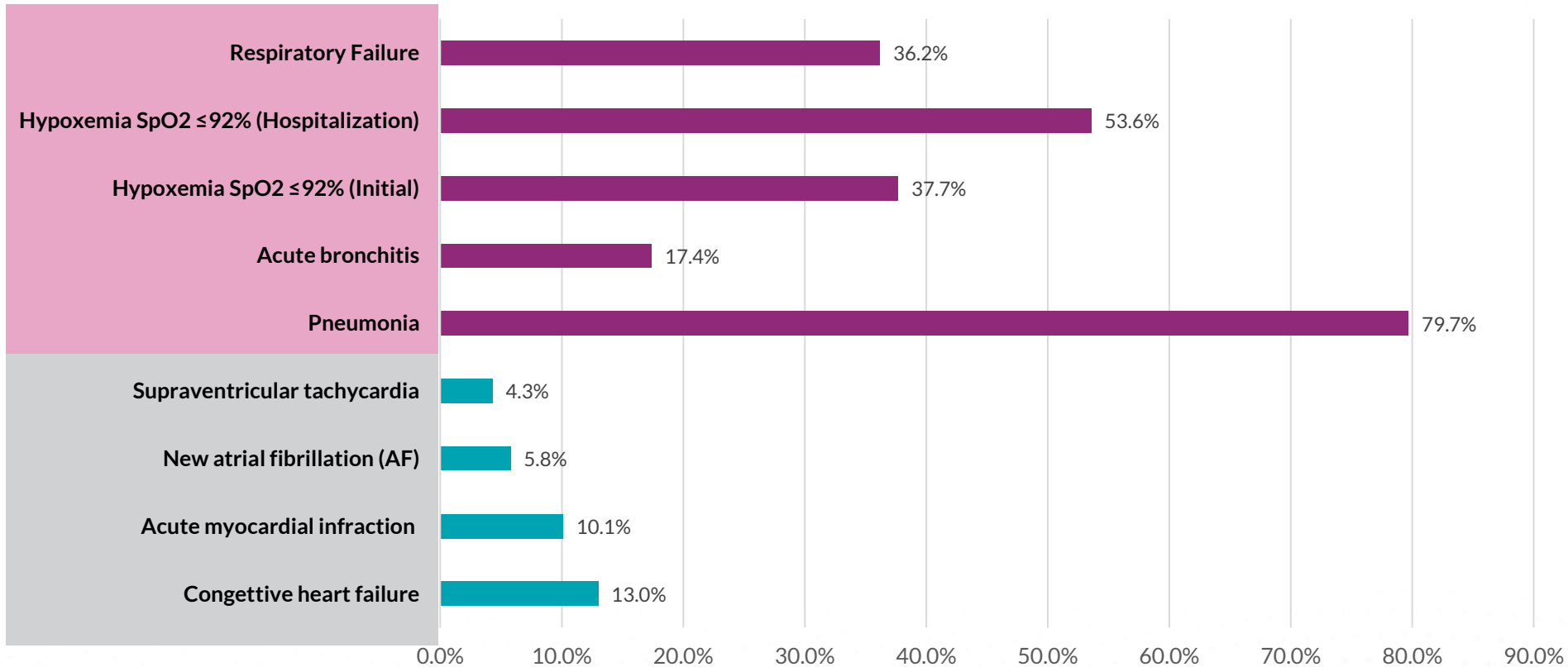
Overall 60-day Kaplan-Meier survival analysis of RSV-related hospitalizations in adults, survival stratified by age group, and survival stratified by presence of comorbidity.



Complication of RSV in adults in Thailand

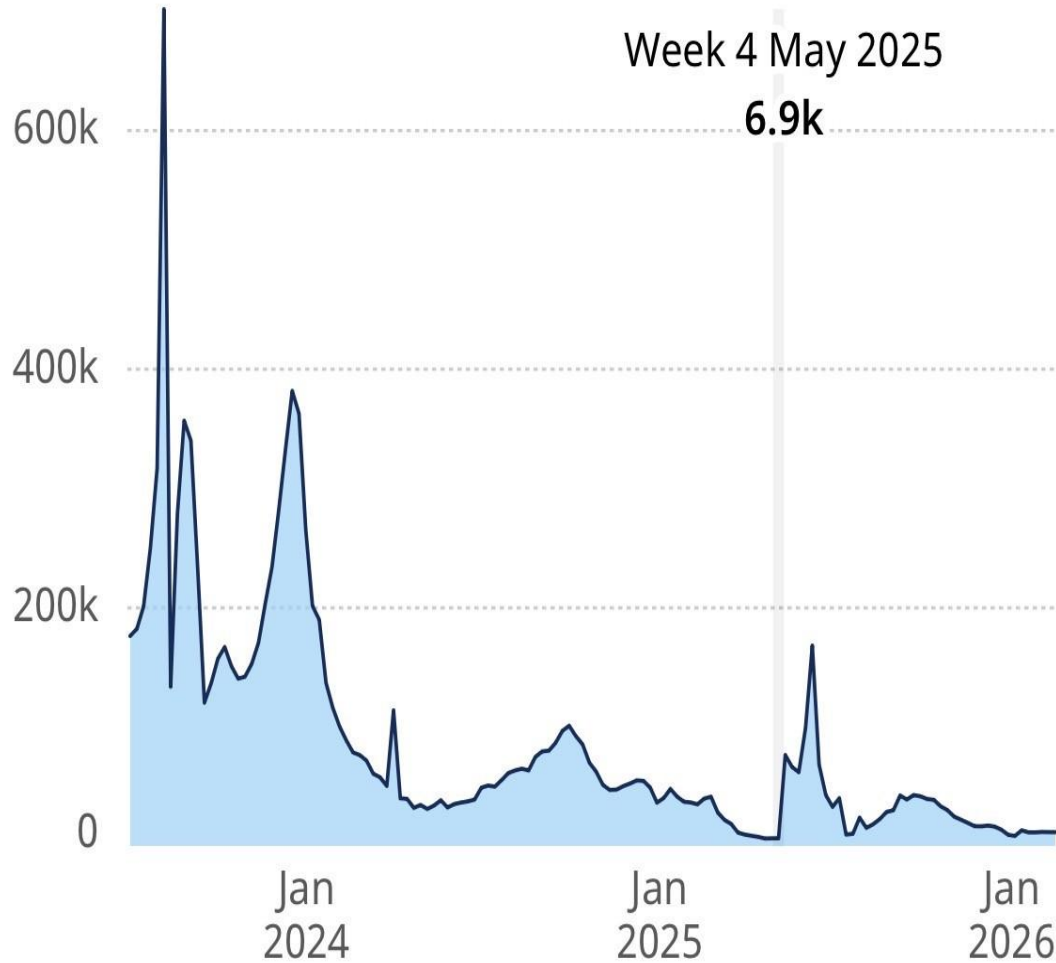


- Retrospective and prospective cohort studies were conducted at a university hospital in adult ≥ 15 years between May 2014 and December 2015, N = 69



Recent COVID-19 cases reported to WHO (weekly)

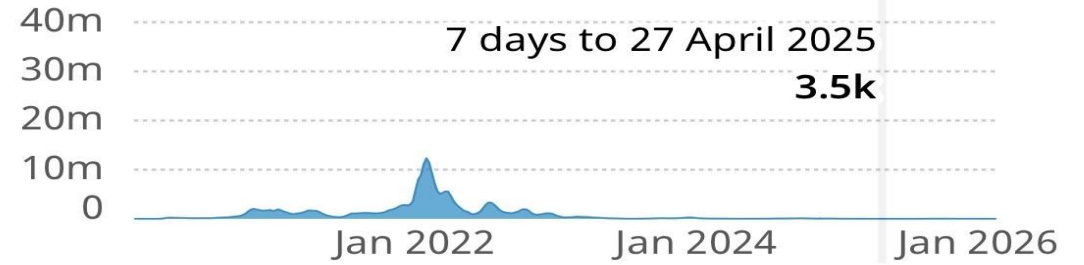
World, July 2023 - present



Europe

7,170

7 days to 15 February 2026



South-East Asia

665

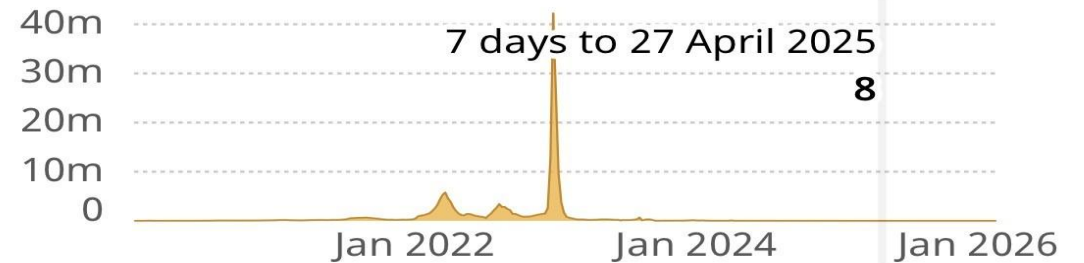
7 days to 12 October 2025



Western Pacific

0

7 days to 15 February 2026





สถานการณ์โรคโควิด 19 (วันที่ 1 มกราคม – 16 กันยายน พ.ศ. 2567)

| กลุ่มอายุ | อัตราป่วยตาย (%) | ผู้ป่วย | | ผู้ป่วยรักษาในโรงพยาบาล | | ผู้ป่วยใส่ท่อช่วยหายใจ | | ผู้เสียชีวิต | |
|---------------|--------------------------|---------|--------------------------|-------------------------|--------------------------|------------------------|--------------------------|--------------|-------------------------|
| | | จำนวน | อัตราป่วยต่อประชากรแสนคน | จำนวน | อัตราป่วยต่อประชากรแสนคน | จำนวน | อัตราป่วยต่อประชากรแสนคน | จำนวน | อัตราตายต่อประชากรแสนคน |
| 70 ปีขึ้นไป | 0.17 | 78,398 | 1,401.39 | 10,320 | 184.47 | 447 | 7.99 | 133 | 2.38 |
| 60-69 ปี | 0.05 | 79,448 | 1,108.23 | 4,862 | 67.82 | 182 | 2.54 | 36 | 0.50 |
| 50-59 ปี | 0.01 | 86,781 | 876.03 | 4,330 | 43.71 | 87 | 0.88 | 12 | 0.12 |
| 20-49 ปี | 0.01 | 366,673 | 1,301.49 | 14,487 | 51.42 | 102 | 0.36 | 22 | 0.08 |
| 10-19 ปี | 0.00 | 48,857 | 621.21 | 2,753 | 35.00 | 8 | 0.10 | 1 | 0.01 |
| 5-9 ปี | 0.00 | 16,776 | 488.87 | 2,241 | 65.30 | 3 | 0.09 | 0 | 0.00 |
| 1-4 ปี | 0.00 | 24,194 | 1,080.27 | 5,070 | 226.38 | 17 | 0.76 | 0 | 0.00 |
| น้อยกว่า 1 ปี | 0.01 | 19,705 | 4,219.49 | 4,361 | 933.83 | 30 | 6.42 | 1 | 0.21 |
| รวม | จำนวนผู้ป่วย 720,832 ราย | | | | | | | | |



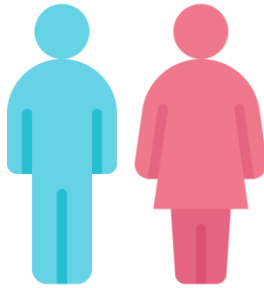
สถานการณ์การเสียชีวิตโรคโควิด 19 (วันที่ 1 มกราคม – 18 พฤษภาคม พ.ศ. 2567)

ตั้งแต่วันที่ 1 มกราคม – 18 พฤษภาคม พ.ศ. 2567 พบผู้เสียชีวิตจากโรคโควิด 122 ราย

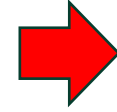
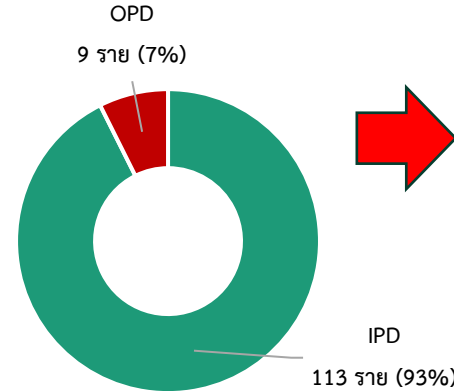
เป็น **กลุ่ม 608 จำนวน 119 ราย คิดเป็นร้อยละ 98**

อัตราส่วน ช: ญ = 1.5 : 1

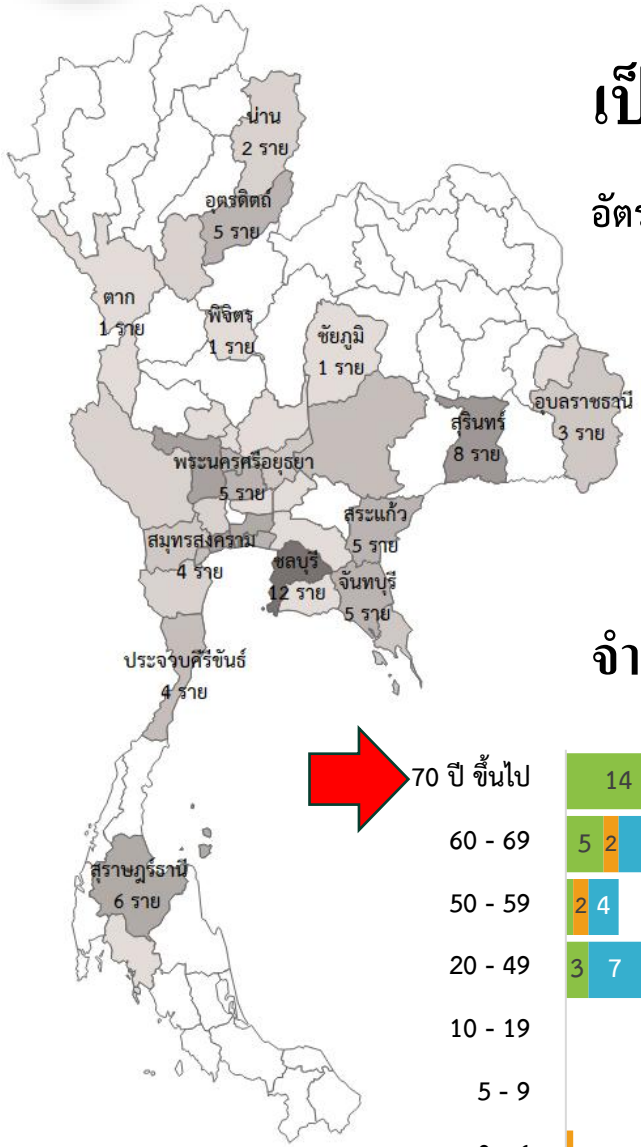
73 ราย



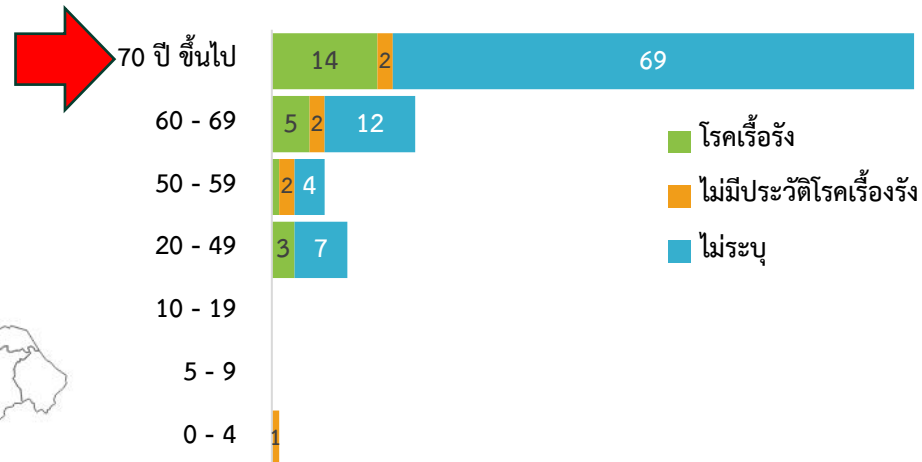
49 ราย



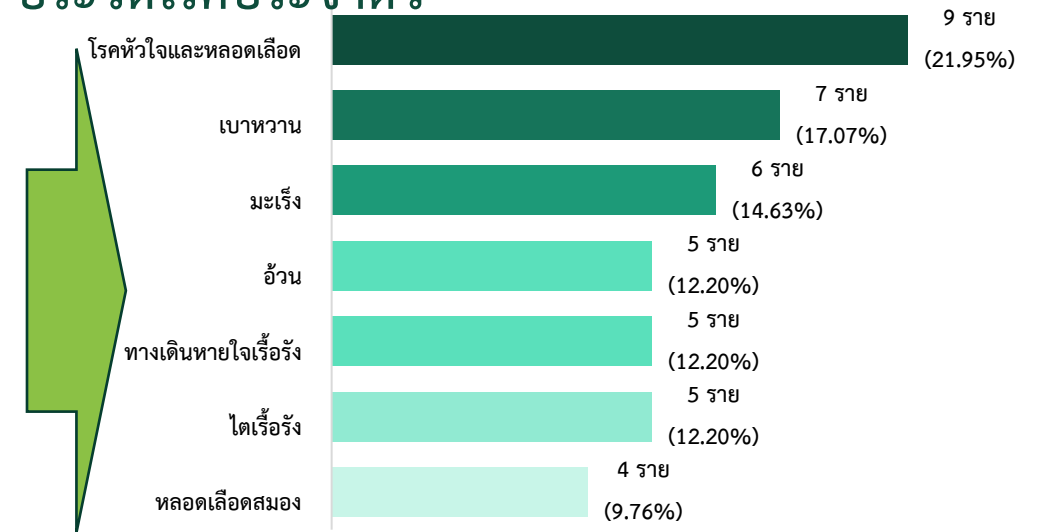
| ประวัติการได้รับวัคซีน | กลุ่ม 608 | Non 608 |
|-------------------------------------|-----------|---------|
| ไม่ได้รับวัคซีน 46 ราย (37.70%) | 45 | 1 |
| ได้รับไม่ครบ (1 เข็ม) 2 ราย (1.64%) | 2 | 0 |
| ได้รับ 2 เข็ม 47 ราย (38.52%) | 46 | 1 |
| ได้รับเข็มกระตุ้น 27 ราย (22.13%) | 26 | 1 |

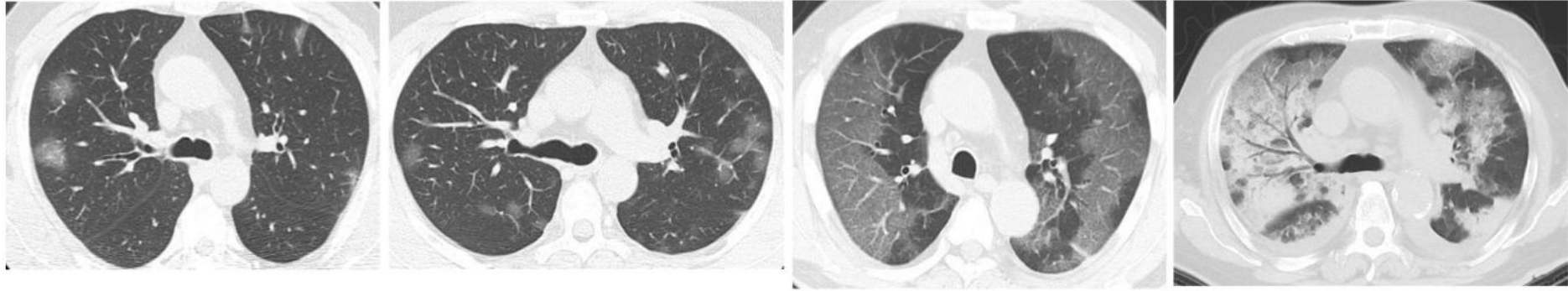


จำนวนผู้เสียชีวิต จำแนกตามกลุ่มอายุ



ประวัติโรคประจำตัว





| | | |
|-------------------------------|------------------------|--|
| Antiviral drug | Remdesivir | Applicable only to patients at high risk of developing severe symptoms |
| | Mornupiravir | |
| | Nilmatrelvir/Ritonabir | |
| | Ensitrelvir | |
| Immunosuppressants/modulators | | Steroid (dexamethasone etc.) |
| | | Baricitinib |
| | | Tocilizumab (combined with steroids) |
| Anticoagulants | | Heparin |

The following have been discontinued since 2025 due to its reduced effectiveness against SARS-CoV-2 Omicron variants:
Respirology, 2025; 30:926–934

Tripledemic in Adult and Elderly: Treatment & Prevention

- Tripledemic Respiratory Tract Infections:
 Situation and Burden in Adult and Elderly in Thailand
- Management of Influenza, Covid-19 and RSV Infections
- **Prevention of Pneumonia:**
 Essential Vaccines for Risk Populations

Vaccine Recommendation for Elderly and High-Risk Groups

วัคซีนป้องกันปอดบวมหรือปอดอักเสบ

Vaccination for Prevention of Pneumonia for Elderly and High-risk Groups

วัคซีนป้องกันไข้หวัดใหญ่ (Influenza vaccine)

วัคซีนป้องกันการติดเชื้อ RSV (RSV vaccine)

วัคซีนป้องกันโควิด- 19 (Covid-19 vaccine)

วัคซีนป้องกันนิวโมคอคคัส (Pneumococcal vaccine)

Pertussis vaccine

*Emerging influenza vaccine (H5N1, H7N9),
Coronavirus vaccine,*

Vaccination for Elderly

- Tetanus diphtheria vaccine (Td or Tdap)
- Hepatitis B vaccine
- Influenza vaccine
- Pneumococcal vaccine
- Covid-19 vaccine
- RSV vaccine
- Zoster vaccine

Vaccination for High-Risk Groups

(Patients With Heart Diseases, COPD, Chronic Kidney Dis. Diabetes, Immunosuppression)

- Tetanus diphtheria vaccine (Td or Tdap)
- Hepatitis B vaccine
- Influenza vaccine
- Pneumococcal vaccine
- Covid-19 vaccine
- RSV vaccine

Adult vaccinations against respiratory infections

Antoni Torres; EXPERT REVIEW OF ANTI-INFECTIVE THERAPY 2025, VOL. 23, NOS. 2-4, 135-147



Table 2. Pneumococcal and viral vaccine indications (ACIP & WHO).

| Indications | Pneumococcal | Flu | COVID-19 | RSV |
|--|--------------|----------|------------------------|--------------------------|
| - Age (years) | >60 | >60 | >60 | >75 |
| - Comorbidities | Yes | Yes | Yes | Yes |
| - Immunosuppression | Yes | Yes | Yes | Yes |
| - Pregnant women | | Yes | Yes | - |
| - People living in nursing homes | Yes | Yes | Yes | Yes |
| - Health care workers | - | Yes | Yes | - |
| - Essential workers | - | Yes | Yes | - |
| - Household members and caregivers of people at risk | - | - | Yes | - |
| Frequency | - | Seasonal | Annual or twice a year | Unknown (every 3 years?) |

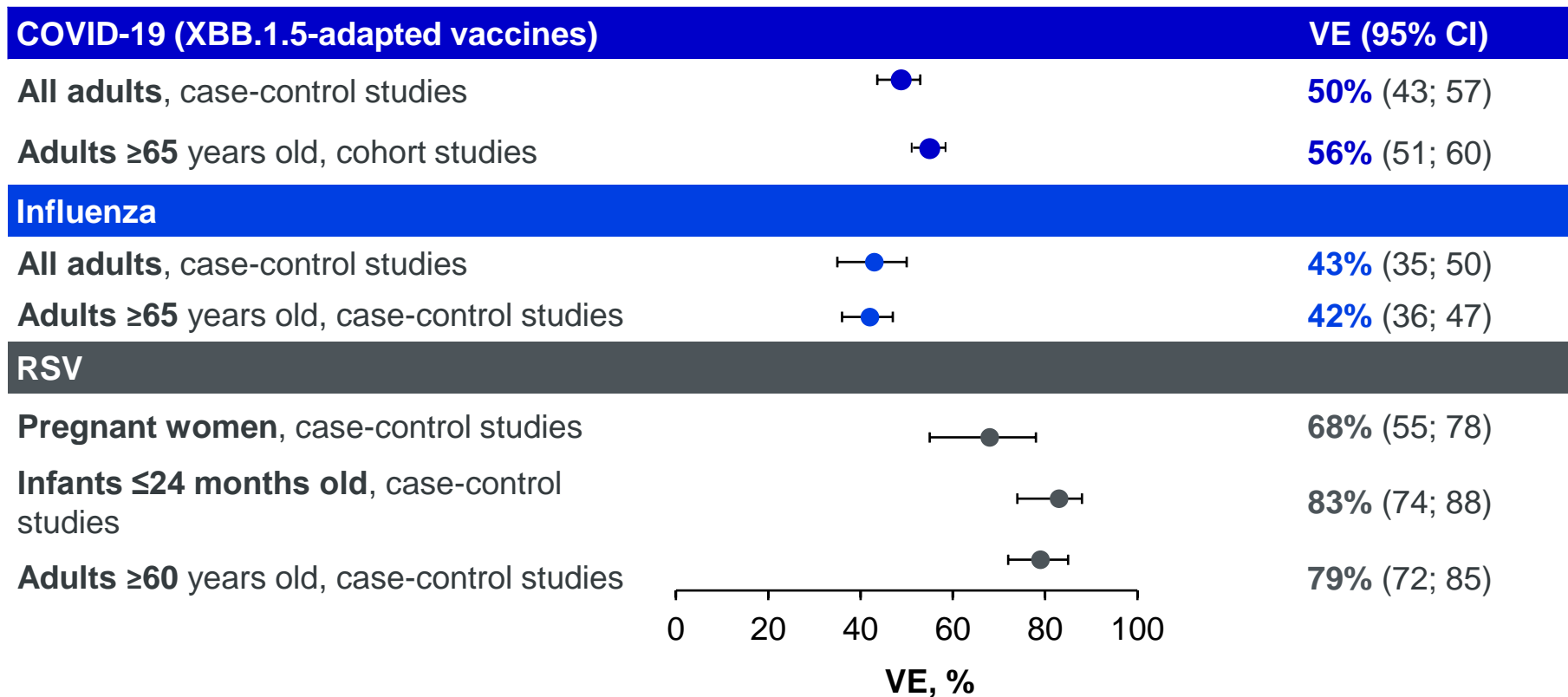
Table 1. Chronic comorbidities and conditions that increase the risk of severe respiratory disease.

| Factors | Pneumococcal disease | Influenza infection | COVID-19 | RSV infection |
|--|----------------------|---------------------|----------|---------------|
| Comorbidities | X | X | X | X |
| Cardiopulmonary disease | X | X | X | X |
| Kidney disorders | X | X | X | X |
| Liver disorders | X | X | X | X |
| Neurological or neuromuscular conditions | X | X | X | X |
| Haematological disorders | X | X | X | X |
| Diabetes mellitus | X | X | X | X |
| Moderately or severely immunocompromised | X | X | X | X |
| Other factors | | | X | X |
| Frailty | X | X | X | X |
| Nursing home residence | X | X | X | X |
| Advanced age | X | X | X | X |
| Pregnancy | X | X | X | X |



The latest evidence supports the effectiveness of immunizations against COVID-19, RSV, and influenza for the 2025–2026 season¹

VE of US-licensed vaccines against hospitalization for COVID-19, influenza and RSV from 511 studies; systematic review*



Figures adapted from Scott et al. 2025

*Systematic review of US-licensed vaccines against COVID-19, RSV, and influenza that analyzed vaccine efficacy and effectiveness against hospitalization, other clinical endpoints, and safety, and included 511 studies. Of these studies, 12% were randomized controlled trials, 24% were cohort studies, 16% were case-control studies, and 48% used other observational designs.

CI, confidence interval; RSV, respiratory syncytial virus; VE, vaccine effectiveness.

1. Scott J, et al. N Engl J Med 2025;393:2221-42.

The Impact of Vaccination on COVID-19, Influenza, and Respiratory Syncytial Virus–Related Outcomes

Roberto Debbag, Deborah Rudin, Francesca Ceddia, John Watkins (2024)

Common respiratory viruses cause substantial morbidity and mortality in older adults

Influenza:
170,000–340,000
deaths per year
(age ≥65 years)

RSV:
33,000
in-hospital
deaths per year
(age ≥60 years)



COVID-19:
>7 million
deaths since 2020,
and 90% of deaths
were among ages
>65 years in 2023

Vaccines protect against illness and severe outcomes, and also help promote healthy aging

COVID-19 omicron (XBB.1.5) vaccines

Vaccine effectiveness against COVID-19–related hospitalization

50%

Influenza vaccines

Vaccine effectiveness against flu-related illness

40%–60%

RSV vaccines

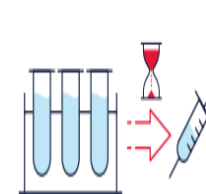
Vaccine efficacy against RSV-associated lower respiratory tract disease

70%–80%

However, barriers exist that negatively impact the potential benefits of vaccination

Challenges in vaccine development

Pathogen variability Vaccine timelines



Low uptake

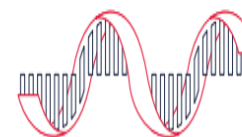
Vaccine hesitancy/lack of knowledge



Strategies exist to minimize these barriers and improve uptake and adoption of vaccines

mRNA vaccine platforms

Address development challenges and provide sustained protection against viral changes over time



Logistical strategies

Coadministration Combination vaccines



Meta-Analysis of Vaccine Effectiveness against Hospitalization for Influenza

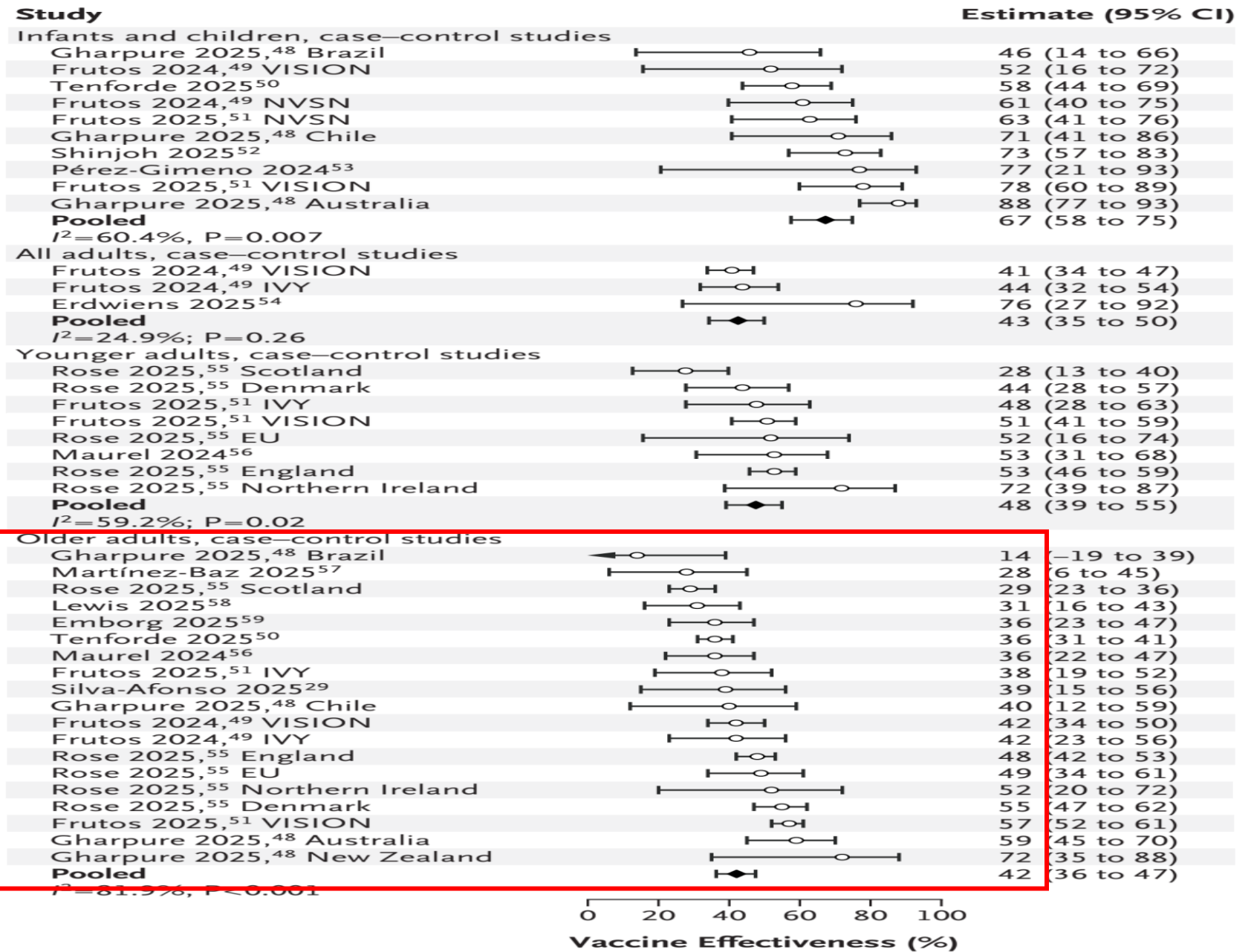


Figure 3. Meta-Analysis of Vaccine Effectiveness against Hospitalization for Influenza.⁴⁸⁻⁵⁹

Meta-Analysis of Vaccine Effectiveness against Hospitalization for RSV

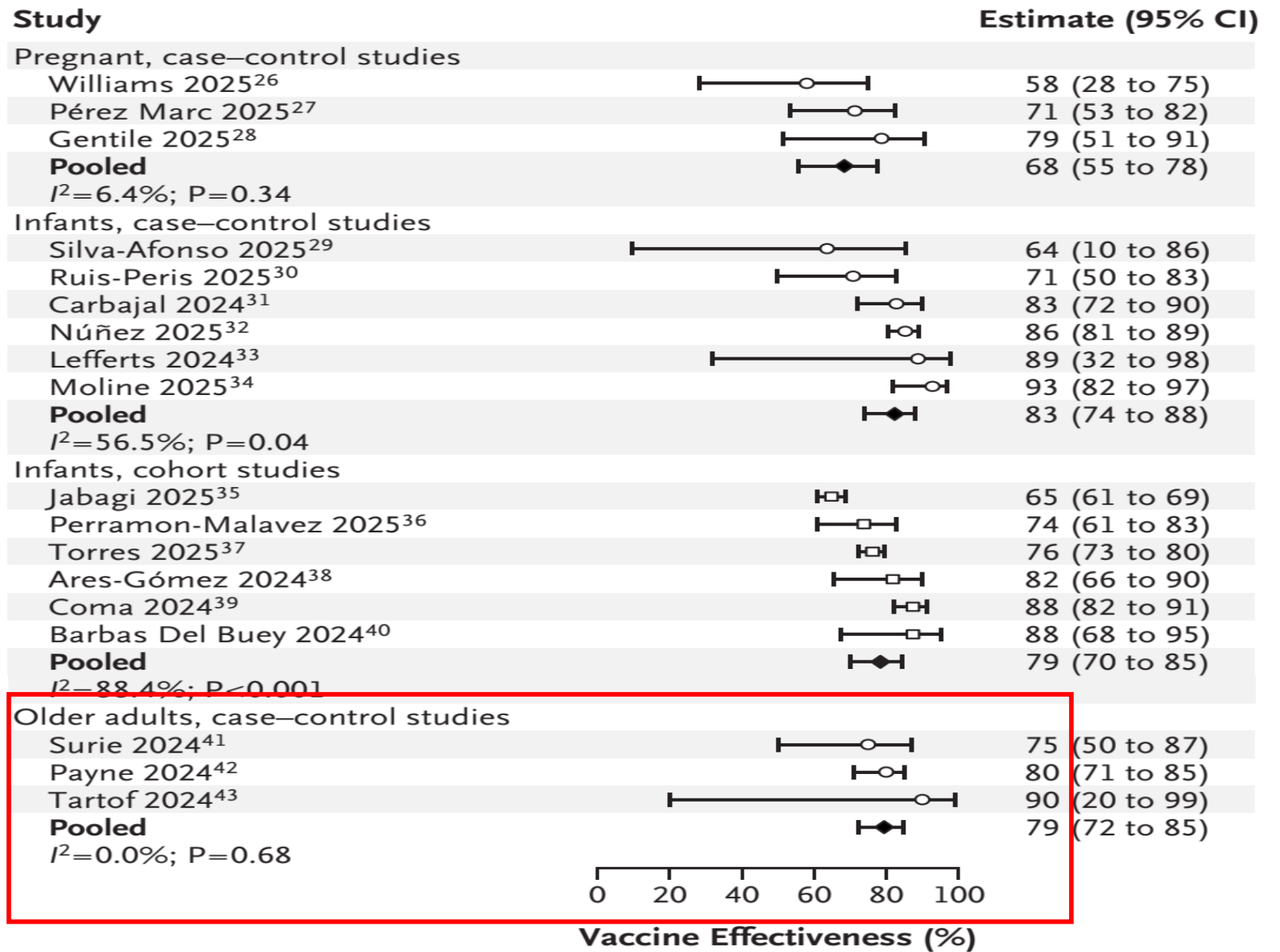


Figure 2. Meta-Analysis of Vaccine Effectiveness against Hospitalization for RSV.²⁶⁻⁴³

Meta-Analysis of Vaccine Effectiveness against Hospitalization for Covid-19

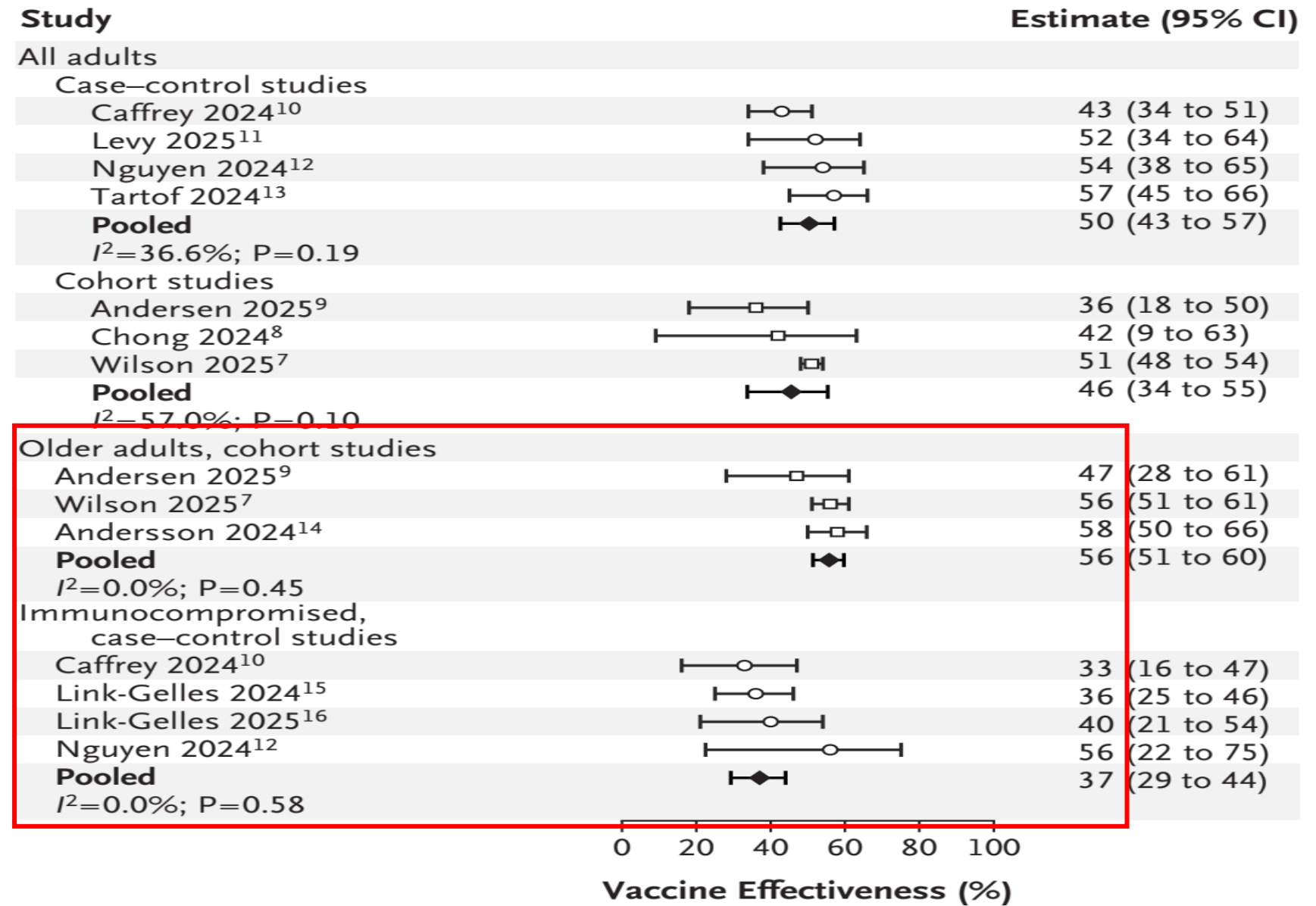


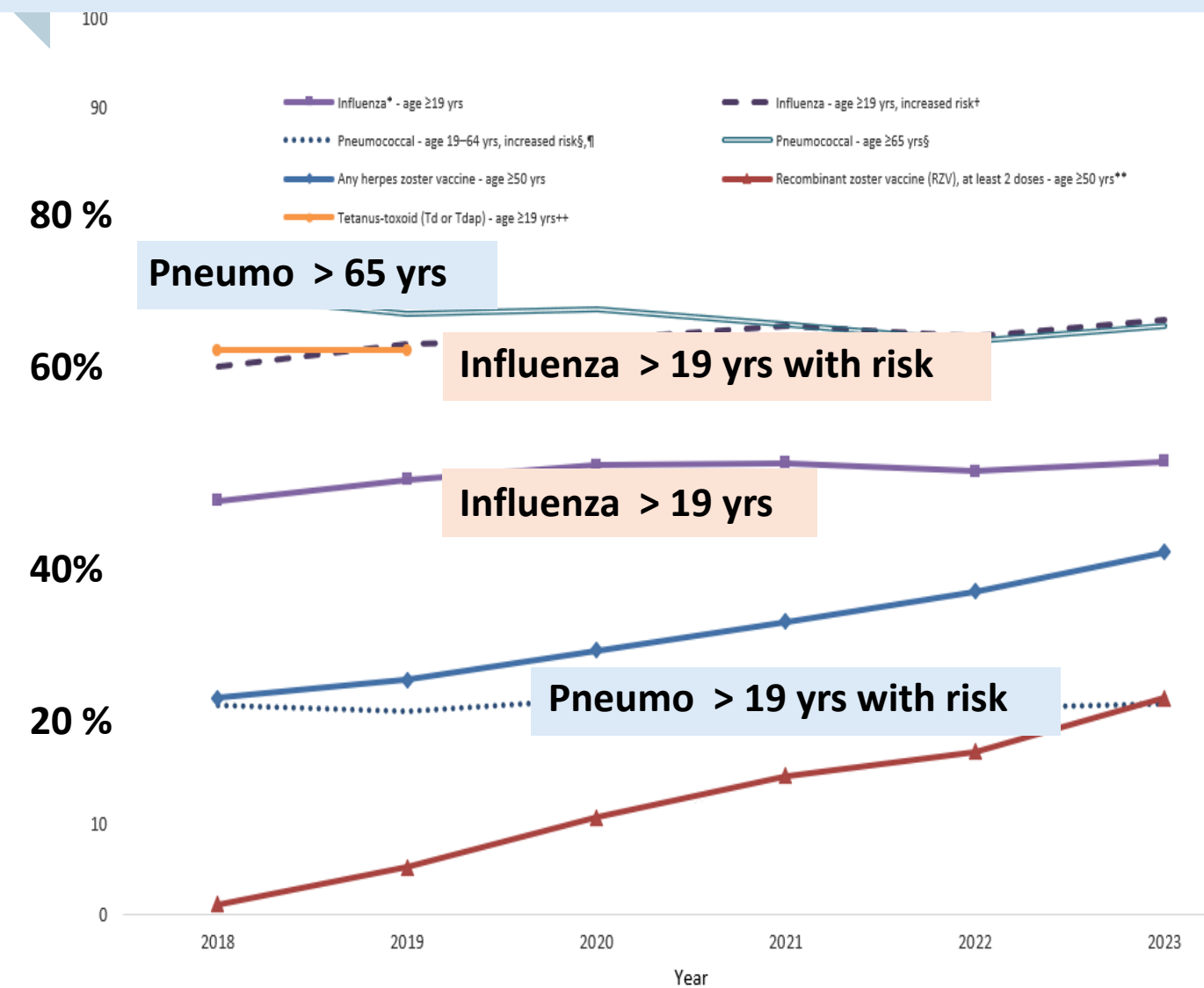
Figure 1. Meta-Analysis of Vaccine Effectiveness against Hospitalization for Covid-19.⁷⁻¹⁶

IDSA 2025 Guidelines on the use of vaccines for the prevention of seasonal COVID-19, Influenza, and RSV infections in immunocompromised patients Clin Infect Dis 2026 (accepted)

Table 3. Influenza Vaccination Guidance by Immunocompromised Population^[14, 17, 19, 22-28]

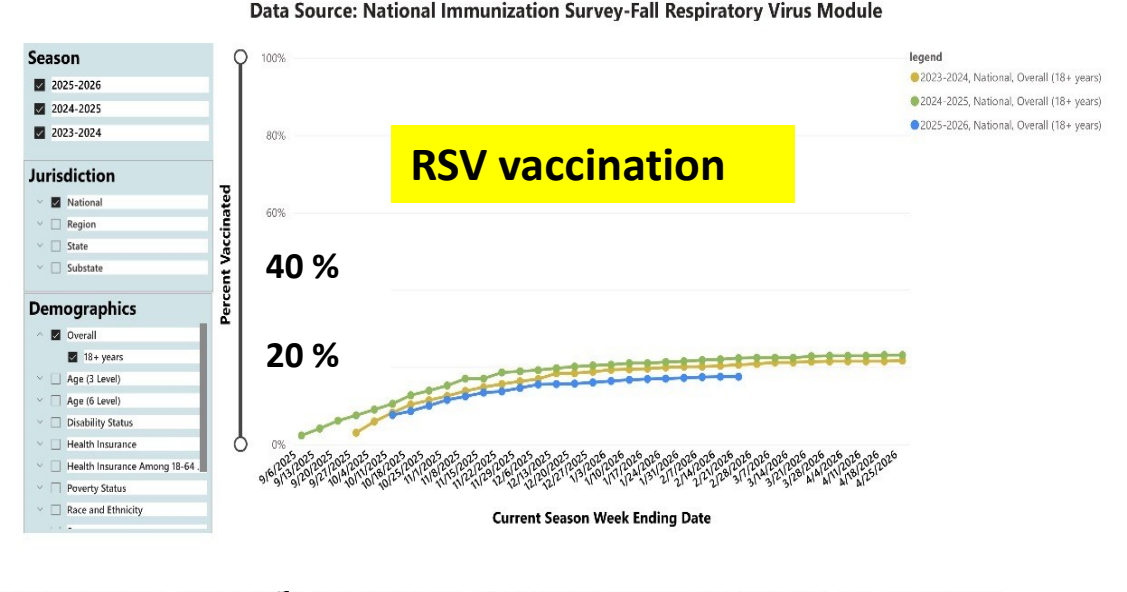
| Group | Suggested timing of 2025-2026 Influenza vaccine ^{*,**} |
|------------------------------|---|
| Solid organ transplant | <ul style="list-style-type: none"> • At least 2 weeks pre-SOT; or ≥ 1 months post-SOT, may give earlier if influenza season has started |
| Hematologic malignancy | <ul style="list-style-type: none"> • Optimal timing includes ≥ 2 weeks before starting treatment and ≥ 3 months after last infusion <ul style="list-style-type: none"> ○ For B-cell depletion, consider $\geq 3-6$ months after last infusion • If optimal timing not feasible based on influenza season, earlier administration reasonable (blunted immune response possible) |
| HCT/CAR-T | <ul style="list-style-type: none"> • Optimal timing includes ≥ 3 months after transplant or CAR-T treatment <ul style="list-style-type: none"> ○ For B-cell depletion, consider $\geq 3-6$ months after last infusion • If optimal timing not feasible based on influenza season, administer earlier (blunted immune response possible) |
| Solid tumor chemotherapy | <ul style="list-style-type: none"> • Optimally at least 2 weeks before starting therapy; during/after is acceptable |
| Primary Immuno-deficiency | <ul style="list-style-type: none"> • Align with IVIG/SCIG or clinic access |
| Autoimmune immunosuppression | <ul style="list-style-type: none"> • Optimal timing includes ≥ 2 weeks before starting treatment and ≥ 3 months after last infusion <ul style="list-style-type: none"> ○ For B-cell depletion, consider $\geq 3-6$ months after last infusion • If optimal timing not feasible based on timing of influenza season, earlier administration reasonable (blunted immune response possible) |
| HIV | <ul style="list-style-type: none"> • Align with preventive routine care |

Figure 1. Estimated proportion of adults aged ≥19 years who received selected vaccines, by age group and risk status — National Health Interview Survey, United States, 2018–2023 (USA)

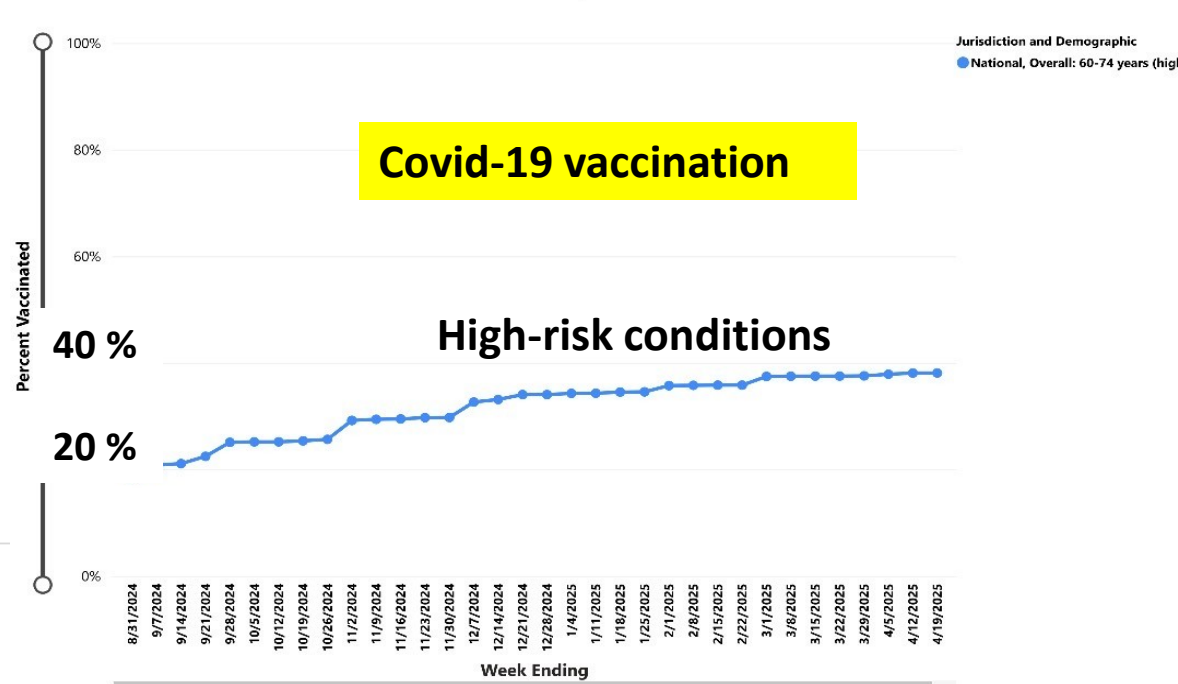


<https://www.cdc.gov/adultvaxview/publications-resources/adult-vaccination-coverage-2023.html>

Figure 3A. COVID-19 Vaccination Coverage, Overall and by Selected Demographics and Jurisdiction, Among Adults 18 Years and Older, by Season*†,‡,§,±



High-Risk Conditions Ever Vaccinated with RSV Vaccine, 2024—2025*†,‡,§,^
Data Source: National Immunization Survey-Adult COVID Module



Barriers to adult and elderly immunization

- National/professional recommendation and standard practice

- **Lack of provider recommendations**

Doctor: Importance of the disease (burden of disease morbidity/mortality, transmission

Effectiveness/efficacy

Safety of vaccine

Targeting of vaccine program(recommendation)

Cost/effectiveness

Acceptance: medical profession

- **Acceptance of target population**

- **Financial impediments to vaccinations**

- Lack of public knowledge and anti-vaccine groups

- Lack of access to services and coordination of activities

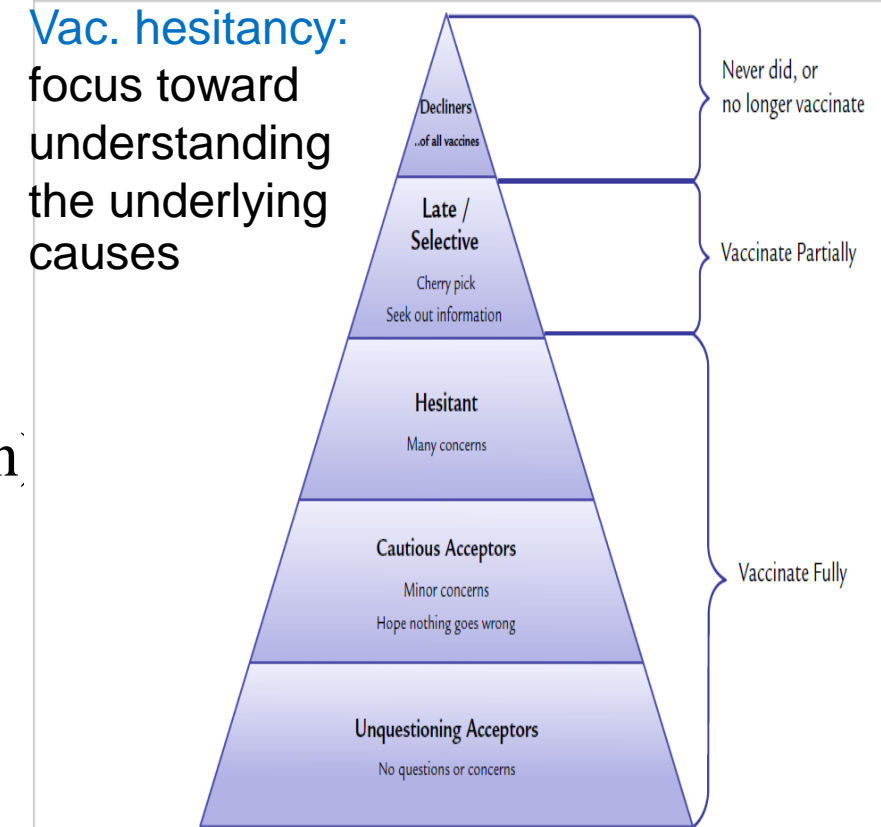


Figure 1. Vaccine acceptance spectrum. From: Leask, J. (2015, May 12). Improving communication about vaccination - "SARAH." [Blog post]. <https://juleleask.wordpress.com/2015/05/12/improving-communication-about-vaccination-sarah/>. Accessed 16 May 2017.



Thank you
Q & A



Rachadamri Clinic
TRCS

Empowering Health Equity

Fast tract Vaccination:
iRedcross website